### **TRIAD Teleservice Service Delivery**

## A Guide for Early Intervention Providers



# **TRIAD:** Treatment and Research Institute for Autism Spectrum Disorders

Our mission is to improve assessment and treatment services for children with autism spectrum disorder and their families while advancing knowledge and training.









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### **Teleservice Checklist**

#### **Before the Teleservice**

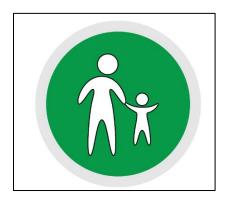
- □ Call the family and describe what the tele-visit will look like (e.g. I will "see" you and your family via videoconference during our visit as opposed to in person. I may share videos or tip sheets electronically)
- $\hfill\square$  Send the family instructions on how to access the platform you are using
- □ Identify family needs (i.e. internet connection, tablet, computer, smart device)
- □ Send an agenda to all teleattendees (For example; parents, supervisors, etc.) prior to the appointment along with any materials that will be reviewed (e.g., tip sheets, visuals)
- □ Identify your focus for the appointment
- □ Identify how you will use evidenced-based coaching strategies to address your focus for the appointment

#### **During the Teleservice**

- Have all teleattendees introduce themselves and ensure that the camera is positioned where you can see, and everyone can see you
- □ Begin the visit with a positive statement
- Discuss progress since the last visit with the caregiver
- □ If possible, briefly observe the caregiver using previously learned strategies
- □ If an observation is conducted, ask the caregiver to reflect on the activity
- □ Provide supportive feedback on the observation
- □ Use evidenced-based coaching strategies to address appointment's focus (be sure to include active practice for the family along with feedback and repeat the cycle if possible)
- □ Create an action plan for the family to use the strategies practiced during the session
- □ Schedule the next visit
- □ Thank the family for their time and attention during the visit

#### After the Teleservice

- □ Follow-up with the family via email/phone when possible to debrief the visit and remind them of next steps
- □ Include words of encouragement



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### **Teleservice Fidelity Checklist**

COACHING CYCLE INFOMATION			
Coach:	Trainee:	Date:	

PRE- Teleservice CHECKLIST		Check One			
	Yes	No	NA		
Call the family and describe what the tele-visit will look like					
Send the family instructions on how to access the platform you are using					
Identify family needs					
Send an agenda to all teleattendees					
Identify your focus for the appointment					
Identify how you will use evidenced-based coaching strategies to address your					
focus for the appointment					
TOTAL Yeses/ 6= %					

During the Teleservice		Check One		
	Yes	No	NA	
Have all teleattendees introduce themselves				
Begin the visit with a positive statement				
Record your session for later review-If Able-				
Observe the family using previously learned strategies				
Provide supportive feedback				
Ask the family to reflect on the feedback				
Use the evidenced- based coaching strategies to teach this appointments focus				
Create an action plan for the family to use the strategies practiced during the session				
Schedule the next visit				
Thank the family for their time and attention during the visit				
TOTAL Yeses/ 10 = %				

COACHING					this strategy?
STRATEGIES				ssful at	
(Check Mark if	Include the strategy being taught to the caregiver	-	•	ccessfu	
Used)				ly Succe	essful
		4=Very		essful	
Observation		1	2	3	4
Information sharing		1	2	3	4
Problem solving		1	2	3	4
Direct teaching		1	2	3	4
General Feedback		1	2	3	4
Specific Feedback		1	2	3	4
Caregiver Practice		1	2	3	4
Demonstration with narration		1	2	3	4
Reflection		1	2	3	4
Review		1	2	3	4
NUMBER of strategies used in		Su	ccess	of the st	trategy
cycle/ 10			/40x2	100 =	%

FOLLOW UP			
TASKS	Completed? If no, provide explanation	Date	
Follow-up with the family via email/phone			
Send the action plan			
Include words of encouragement			
The family replied			
Complete the procedural fidelity check-list			
Identify which coaching strategies were successful			
Create a plan to address unsuccessful coaching strategies			
Review the video recording			
TOTAL Yeses/ 8= %			

Calculate	Overall Fidelity for coaching cycle
Add all 4 percentages and divide by 4	%

#### SCORING INSTRUCTIONS

For Self- fidelity:

- Complete yes/ no for each task. At end of each coaching component total your fidelity.
- At the end of the coaching cycle complete the Overall Fidelity for coaching cycle.

#### For others completing fidelity on you:

- The other rater will need to participate in all remote meetings, or they need to be recorded for later review.
- The other rater will need to be copied on all communications with the family.

### **TRIAD Teleservice Planning Tool**

Child Name:\_\_\_\_\_

Date:\_\_\_\_\_

Session Goal(s):\_\_\_\_\_

Notes from last conversation to revisit:

Time	Activity/Key questions to discuss	Notes
Time Include Time in Minutes <i>(For</i> <i>example.</i> 10 mins) 30 mins	<ol> <li>Review shared goal and action plan Key Questions:         <ul> <li>What was the goal and identified action steps?</li> </ul> </li> <li>Materials needed for this session:         <ul> <li>Include any materials here you will use (Tip-sheets, data collected, videos, etc.)</li> <li>Include any materials here the family will use (Toys, etc.)</li> </ul> </li> <li>Focused observation reflective conversation         <ul> <li>Key Questions:</li> </ul> </li> </ol>	Notes
	<ul> <li>What specific strategies (instructional or behavioral) do you feel are working well? How can you tell?</li> <li>Here is what I observed (present data)</li> <li>Based on the observational data, here is what I saw that worked towards goal</li> <li>How could we take what is working and apply it to other parts of the assessment to continue to move towards the goal?</li> </ul>	
5-10 min	3. Identify 1-3 areas to target before the next session	4. Collaborate to discuss next steps

Next Visit: (Date and Time)\_\_\_\_\_

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