



# Health Care for Adults with Intellectual and Developmental Disabilities

## *Toolkit for Primary Care Providers*

(Information available at no charge)



**iddtoolkit.org**

The IDD Toolkit is a website that provides information to primary care clinicians to enhance the physical and mental health care of adults with intellectual and developmental disabilities.

The Toolkit offers health care professionals best-practice tools and information regarding specific physical and mental and behavioral health concerns of adults with IDD.

### TOOLKIT CONTENTS

#### APPROACHES TO CARE

- Communicate CARE—Be Clear, Attentive, Responsive and Engaging with the patient
- Decision-Making: Promoting Capabilities and Informed Consent
- FAQs about Genetic Assessments and Psychological Assessments for adults with IDD
- My Health Care Visit—a form for patients to complete before and after appointments

#### PHYSICAL HEALTH

- Comprehensive Health Check focused on issues of special concern
- Epilepsy, including first aid, and tips for families
- Monitoring charts for health issues such as sleep, blood sugar, and bowel movements

#### HEALTH WATCH TABLES

- Autism (newly revised)
- Down Syndrome (newly revised)
- Fetal Alcohol Spectrum Disorder
- And more

#### MENTAL AND BEHAVIORAL HEALTH ISSUES

- Initial Management of Behavioral Crises
- Risk Assessment
- Mental health interventions
- And much more

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