

## Are you an adult sibling of a brother or sister with a disability?

## Join TABS!

- Meet other siblings in Tennessee
- Access local and national adult sibling resources
- Stay informed about issues that affect adult siblings and their families
- No membership fee to join

## Want to learn more? For more information...

- Visit the TABS webpage: vkc.vumc.org/tabs
- Follow us on Facebook: @tabs.siblings
- Contact: Emma Shouse at info.tabs@vumc.org or 615.253.5368.

