



## Help us test a new program to improve outcomes for transition-aged youth on the autism spectrum through parental advocacy

 VANDERBILT KENNEDY CENTER

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# ASSIST

Advocating for SupportS to Improve Service Transitions

### Help us learn

Transitioning from school-based to adult service systems is challenging for many families of youth on the autism spectrum. Volunteer for research testing a new program to improve parents' ability to advocate for adult services on behalf of their son or daughter on the autism spectrum.

### Who

Parents of youth with an autism spectrum disorder diagnosis between 16 and 26 years of age.

### What you and your son/daughter will do

- Assessment of youth.
- Interviews about youth's goals, current activities and service needs.
- Parents will participate in weekly group-based advocacy training sessions for 12 weeks.
- Questionnaires and follow-up interviews for parents and youth may last up to 3.5 years.

Families will receive up to \$425 for completing all parts of the study.

**Contact:**  
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**Institutional Review Board**

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