



**Help us test a new
program to improve
outcomes for transition-
aged youth on the
autism spectrum through
parental advocacy**

 **VANDERBILT KENNEDY CENTER**

Date of IRB Approval: 12/17/2019

ASSIST

**Advocating for SupportS to
Improve Service Transitions**

Help us learn

Transitioning from school-based to adult service systems is challenging for many families of youth on the autism spectrum. Volunteer for research testing a new program to improve parents' ability to advocate for adult services on behalf of their son or daughter on the autism spectrum.

Who

Parents of youth with an autism spectrum disorder diagnosis between 16 and 26 years of age.

What you and your son/daughter will do

- Assessment of youth.
- Interviews about youth's goals, current activities and service needs.
- Parents will participate in weekly group-based advocacy training sessions for 12 weeks.
- Questionnaires and follow-up interviews for parents and youth may last up to 3.5 years.

Families will receive up to \$425 for completing all parts of the study.

Contact:
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