

# BECOME A PARENT MENTOR

Does your daughter or son with disabilities have a paid job?

Would you share your experiences and advice with another parent?

The **Tennessee Employment Pathways Project** is studying the impact of parent mentorship on the employment outcomes of adults with intellectual and developmental disabilities. We are looking for parents who are willing to serve as informal mentors to other parents just starting on the road to employment.

## What does it involve?

- Provide advice, help, and encouragement to another parent over the course of a year
- Attend a training and orientation session (4 hours total)
- Receive support and bimonthly check-ins from the project team

Parents will receive \$350 for serving as a mentor and completing all project measures.

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## To participate, you must:

- Live in Middle Tennessee
- Have a family member with intellectual disability or autism who has a paid job (or was recently employed)
- Be at least 18 years old

## For more information, contact:

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