

**Subject line:** Recruiting Caregivers & Their Children Ages 10-15

**Text:** The Stress and Coping Lab at Vanderbilt University is doing a new study to understand the experiences of children in their daily lives, called the Measuring Adolescents' Daily Experiences (MADE) study. We are looking for caregivers who have at least one child between the ages of 10 and 15.

Caregivers can complete an interest form with their contact information. The form takes 3 minutes to complete and can be accessed online through the following link:

<https://redcap.vanderbilt.edu/surveys/?s=ML4WDY7YLTLYLCR88>

Eligible caregivers and their children will be invited to complete three main parts of the study. Most of the study can be done from your own home!

1. Stop by our lab for an initial visit (1.5 hour) to complete surveys and learn about the equipment.
2. At home, your child will answer brief surveys on a cell phone (provided) and wear a discrete sensor (provided) to measure their heart rate for four days, as they go about their day. Your child will only receive surveys AFTER school hours. We also ask that you and your child find something fun to do together and have a 10-minute discussion.
3. Return to our lab for a final visit (1.5 hours) for a child interview and to return the equipment.

Both you and your child will be compensated for participating. You will receive a \$35 gift card. Your child will receive a \$50 gift card. If your child misses three or fewer cell phone surveys, they will receive a BONUS payment of \$15 (\$65 total). If your child misses one or fewer surveys, they will receive a BONUS payment of \$25 (\$75 total).

For more information, please call or text (615) 669-3435 or email [vanderbiltuemastudy@gmail.com](mailto:vanderbiltuemastudy@gmail.com)

Date of IRB Approval: 07/12/2021

**Institutional Review Board**

