Date of Approval: 10/06/2026
VUMC IRB

# Online Parent-Infant Music Classes

## Research opportunity for preterm infants and their parents

**"Building resilient beginnings through a virtual music program for preterm infants"**



## Who:

Intended for infants who were born preterm and are aged 6-18 months corrected gestational age.

## What:

Families are randomly assigned to participate in an 8-week online music or play program where they will receive coaching on new ways to play with their infant and free resources for home use. Parents will also complete research activities including questionnaires, assessment of the home language environment, and video recordings of playing with thier infant.

Scan for more information

## Why:

Families receive an 8-week interactive program at no cost and are compensated for their time and participation in this research study.

**Contact:**
socialmusicresearch@vumc.org
615-576-0320

Date of Approval: 10/06/2026
VUMC IRB

# Online Parent-Infant Music Classes

## Research opportunity for infants and their parents

**"Building resilient beginnings through a virtual music program"**



## Who:

Intended for infants who are aged 6-12 months.

## What:

Families are randomly assigned to participate in an 8-week online music or play program where they will receive coaching on new ways to play with their infant and free resources for home use. Parents will also complete research activities including questionnaires, assessment of the home language environment, and video recordings of playing with thier infant.

Scan for more information

## Why:

Families receive an 8-week interactive program at no cost and are compensated for their time and participation in this research study.

**Contact:**
socialmusicresearch@vumc.org
615-576-0320