



Preparing for Your Telehealth Appointment

Before your appointment:

- Familiarize yourself with the Zoom instructions (attached to this email). Think about which device you will use (phone, tablet, etc.) and where you can place it in the room so that you can be hands-free to play. Please reach out to us with any questions.
- Think about a room you can use to play with your child and chat with us that is as free from distractions as possible (e.g., TV, tablets, siblings). We realize that not all distractions can be avoided all the time! 😊
- Find 5 or 6 toys and set them aside in the room you intend to use (on a table or in a container). Examples of toys include shape sorters, musical toys, puzzles, vehicles, pretend play toys, balls, or anything else that your child loves to play with. Please avoid the use of phones or tablets. We will also need a clear Tupperware with a lid (or similar container with a lid) with a snack in it that your child likes.

What to expect during the appointment:

- The clinician will talk with you about your concerns, ask questions about your child's development and medical history, and ask you to observe, interact, and play with your child.
- The activities are designed so that we can observe how your child communicates and interacts with you and plays.
- Some of these activities will probably feel different from the way you normally interact with your child at home—or even a little silly.
- The clinician will ask you to use specific words or movements so that we can observe specific behaviors and interactions.
- If we have trouble seeing or hearing you or your child clearly, we may ask you to tell us what your child said or where he/she was looking.
- The clinician will give you feedback regarding the evaluation before the end of the meeting.

We look forward to “seeing” you soon!