

# Community Outing Action Plan

1. Choose 1 community routine you would like to focus on helping your child be prepared for or be more successful:

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2. What are your child's strengths?

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3. How might your child's challenges with social communication, and restricted/repetitive behaviors impact his/her success in the outing you chose?

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4. What are some realistic goals you might set to help your child be successfully included in this outing?

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5. What is some information you would want to gather about the organization(s) before the outing?

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6. Choose some ways to **prepare your child** for the outing(s) you chose:

- ☐ Practice certain skills/parts of the outing\_\_\_\_\_
- ☐ Use social stories\_\_\_\_\_
- ☐ Use video or live modeling\_\_\_\_\_

7. Choose some ways to **modify** the outing(s) you chose:

- ☐ Change the order of the visit\_\_\_\_\_
- ☐ Decrease lag time to and from an activity\_\_\_\_\_
- ☐ Involve your child in only certain parts of an activity\_\_\_\_\_
- ☐ Take out less essential parts of the activity\_\_\_\_\_
- ☐ Involve your child in the activity for shorter amounts of time\_\_\_\_\_
- ☐ Break up the activity/provide extra breaks\_\_\_\_\_
- ☐ Other modifications\_\_\_\_\_

8. Identify some ways to **use visual supports and reinforcement** during the activity you chose:

- ☐ Change verbal instruction (less words, more concrete, clarify expectations, pair with visual)\_\_\_\_\_
- ☐ Visual Schedule\_\_\_\_\_
- ☐ First-Then Board\_\_\_\_\_
- ☐ Token Board\_\_\_\_\_
- ☐ Timer/other visual supports\_\_\_\_\_
- ☐ What reinforcers will you use?\_\_\_\_\_
- ☐ What behaviors will you reinforce?\_\_\_\_\_

