

# ABC's and Antecedent Strategies

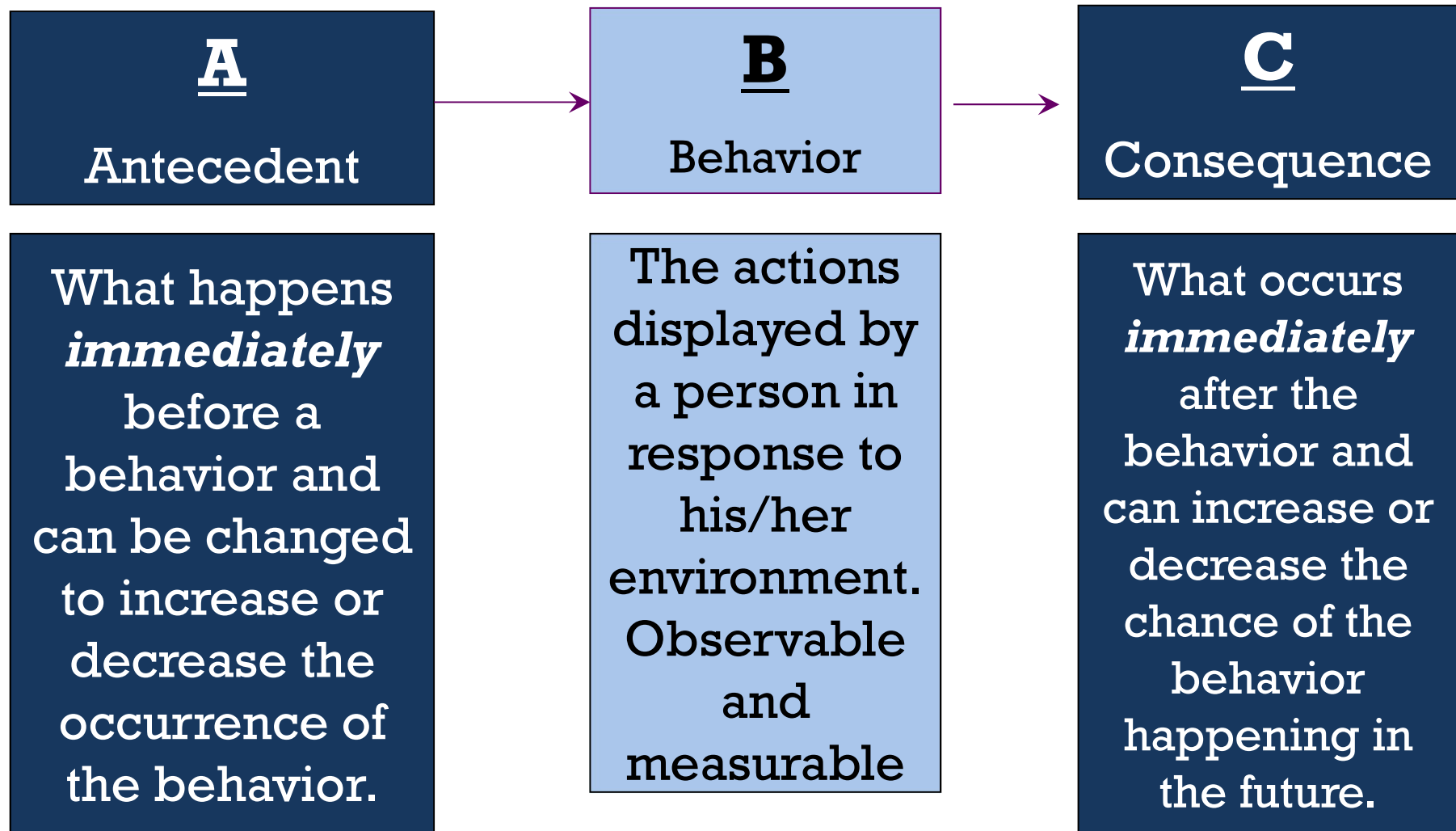
- Please chat questions into the chat box
- You will be directed to a copy of the Powerpoint, recording, and other resources at the end

# Setting Up Situations for Success

1. Understand the ABC's of Behavior
2. Be aware of your words
3. Set up the environment for success *before* challenges occur
4. Teach your child what they CAN or SHOULD do



# 1. Understand The A-B-C's of Behavior



# 1. Understand The A-B-C's of Behavior

Why might a behavior occur?

- Access to an item, activity, or attention
- Escape from/ avoidance of an item, activity, or attention



# 1. Understand The A-B-C's of Behavior

**What can I teach my child to do, instead of  
what not to do?**

Don't run= Walk

Don't jump on the furniture= Sit down

Don't hit your sister with the car= Roll the car



## 2. Be aware of your words

- Decrease verbal communication
  - Minimize length of your directions – “telegram speech”
  - One direction at a time; break down multiple step directions.
  - Do not repeat your directions over and over.
  - Give your child time to comply.



## 2. Be aware of your words

- Be concrete!
  - Literal/black and white language
  - Avoid ambiguous/abstract content.
  - Avoid stating direction as a question or saying “let’s” if an individual task.
  - Make “do” rather than “don’t” statements.
  - Supplement verbal message with visual content



### 3. Set up the environment for success *before* challenges occur

- Keep toys/activities organized in bins or bags and rotate what is available
- Keep certain activities reserved for times when you need the child to stay occupied independently for longer because you are working or making dinner, etc.
- Use visual supports to make this clear

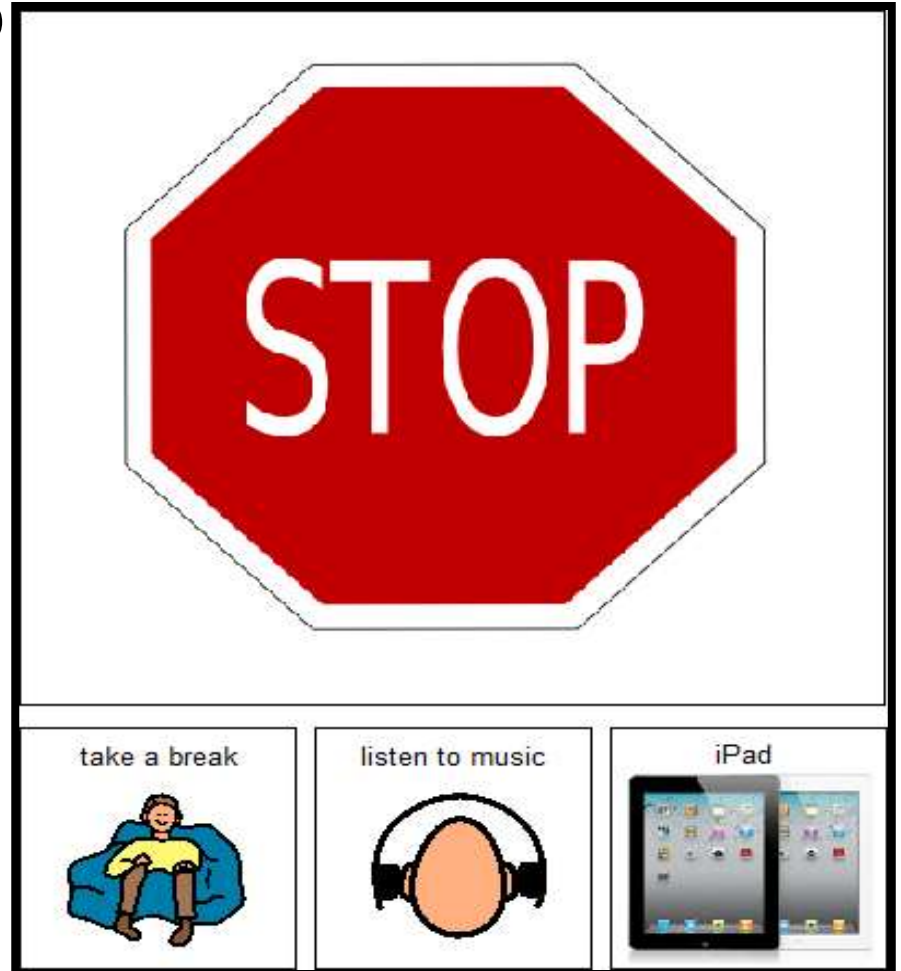




# 4. Teach your child what they CAN or SHOULD



do



# Video: Stop Sign in Action!



# 4. Teach you child what they CAN or SHOULD do

## Embed Choice

### Objects within routines



### Picture Symbols



### Location or order of activities



### Reasonable requests



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# For more detailed behavior info:

<https://triad.vkclearning.org/>

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Common Needs for Young Children with Autism: Early Intervention Training Series

Open

Start with this one!



Session One: Understanding the ABCs of Behavior



Session One: Understanding the ABCs

Launch

**THEN continue here for more information on challenging behaviors**

### Early Intervention: Challenging Behavior Series

|  |  |                                       |        |
|--|--|---------------------------------------|--------|
|  |  | 2. Challenging Behavior Session Two   | Launch |
|  |  | 3. Challenging Behavior Session Three | Launch |
|  |  | 4. Challenging Behavior Session Four  | Launch |
|  |  | 5. Challenging Behavior Session Five  | Launch |
|  |  | 6. Challenging Behavior Session Six   | Launch |
|  |  | 7. Challenging Behavior Session Seven | Launch |

# Resources

Fill out the Evaluation: <https://redcap.link/FFwebinareval>

Email us with questions: [families.first@vumc.org](mailto:families.first@vumc.org)

To access:

- Resources connected to webinars (including copy of PowerPoint):  
<https://vumc.box.com/s/gppb1ei8966g71smsoblppffjiki c10q0>
- Information on upcoming webinars and webinar recordings: <https://vkc.vumc.org/vkc/triad/covid19/>
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