## **Minimizing Attention**

## Do:

- ✓ Continue with "business as usual"
  - Follow through with instructions
  - Keep doing what you were doing if behavior is not dangerous
- ✓ Reduce eye contact
- ✓ Monitor safety (block aggression to self or others)
- ✓ Minimize what you say
  - ONLY provide direction for follow-through if needed
  - Telegraph speech
- ✓ Provide attention as soon as challenging behavior pauses or stops

## Don't:

- X Touch child-unless necessary for follow-through or safety
- X Talk about challenging behavior (with child or others)
- X React when challenging behavior occurs, including by making sounds, saying anything like "no" "that's not nice" or "ow, that hurts", making faces or reacting with body language





## Consistency is key to success!

