VANDERBILT KENNEDY CENTER
TREATMENT & RESEARCH INSTITUTE FOR AUTISM SPECTRUM DISORDERS

FAMILIES FIRST PROGRAM
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TRIAD FAMILIES FIRST PROGRAM

GUIDING FAMILIES THROUGH THEIR AUTISM JOURNEY
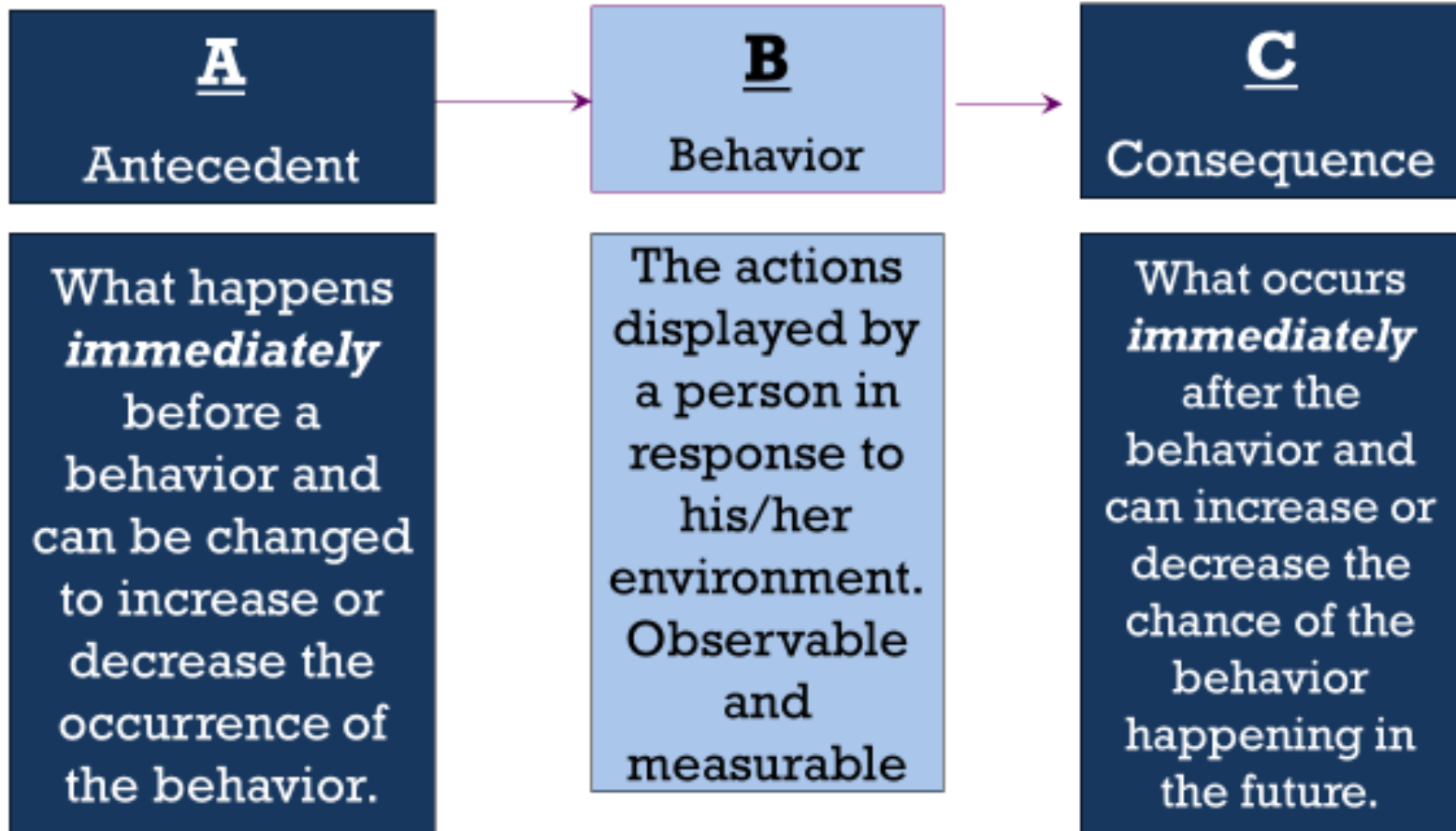
Reinforcement

- **Please chat questions into the chat box**
- **You will be directed to a copy of the Powerpoint, recording, and other resources at the end**

Setting Up Situations for Success

1. Understand the ABC's of Behavior
2. Be aware of your words
3. Set up the environment for success *before* challenges occur
4. Teach your child what they CAN or SHOULD do

1. Understand The A-B-C's of Behavior

A Antecedent	**B** Behavior	**C** Consequence
What happens *immediately* before a behavior and can be changed to increase or decrease the occurrence of the behavior.	The actions displayed by a person in response to his/her environment. Observable and measurable	What occurs *immediately* after the behavior and can increase or decrease the chance of the behavior happening in the future.

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Tips for Reinforcement

Understand:

1. What is reinforcement

2. What motivates your child

3. How to identify reinforcers

4. How to use reinforcement to increase appropriate behaviors

1. What is Reinforcement

An item or an event that follows a behavior (Consequence) that increase the chance the behavior will happen again.

2. What motivates your child?

- <u>Access</u> to an item, activity, or attention
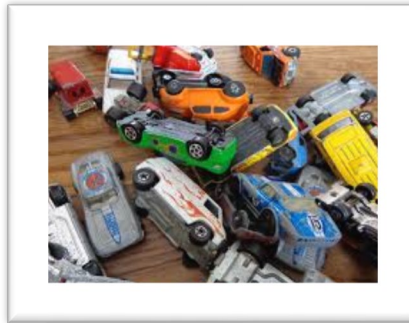
- <u>Escape</u> from/ avoidance of an item, activity, or attention

3. Identifying Reinforcers

Reinforcers should be:
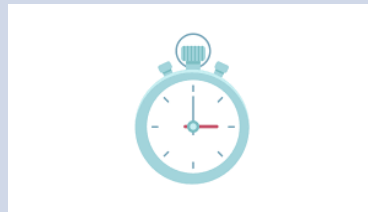
Convenient

Not freely available

Easily consumed

4. Use reinforcement to increase appropriate behaviors

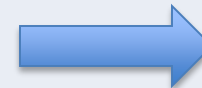## Delivering Reinforcement

Immediacy

Consistency

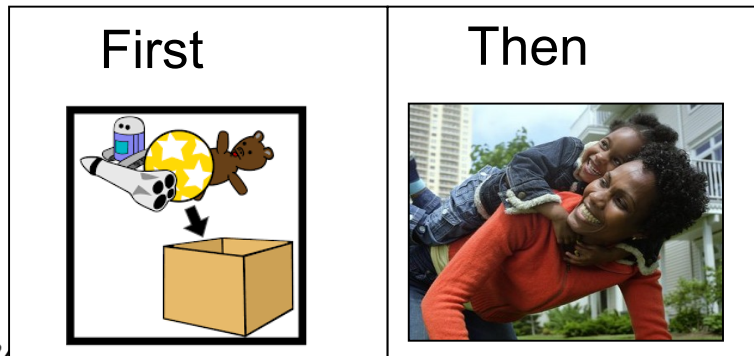**Variety**

Generalization

4. Use reinforcement to increase appropriate behaviors

Communicating Reinforcement

First-Then Board
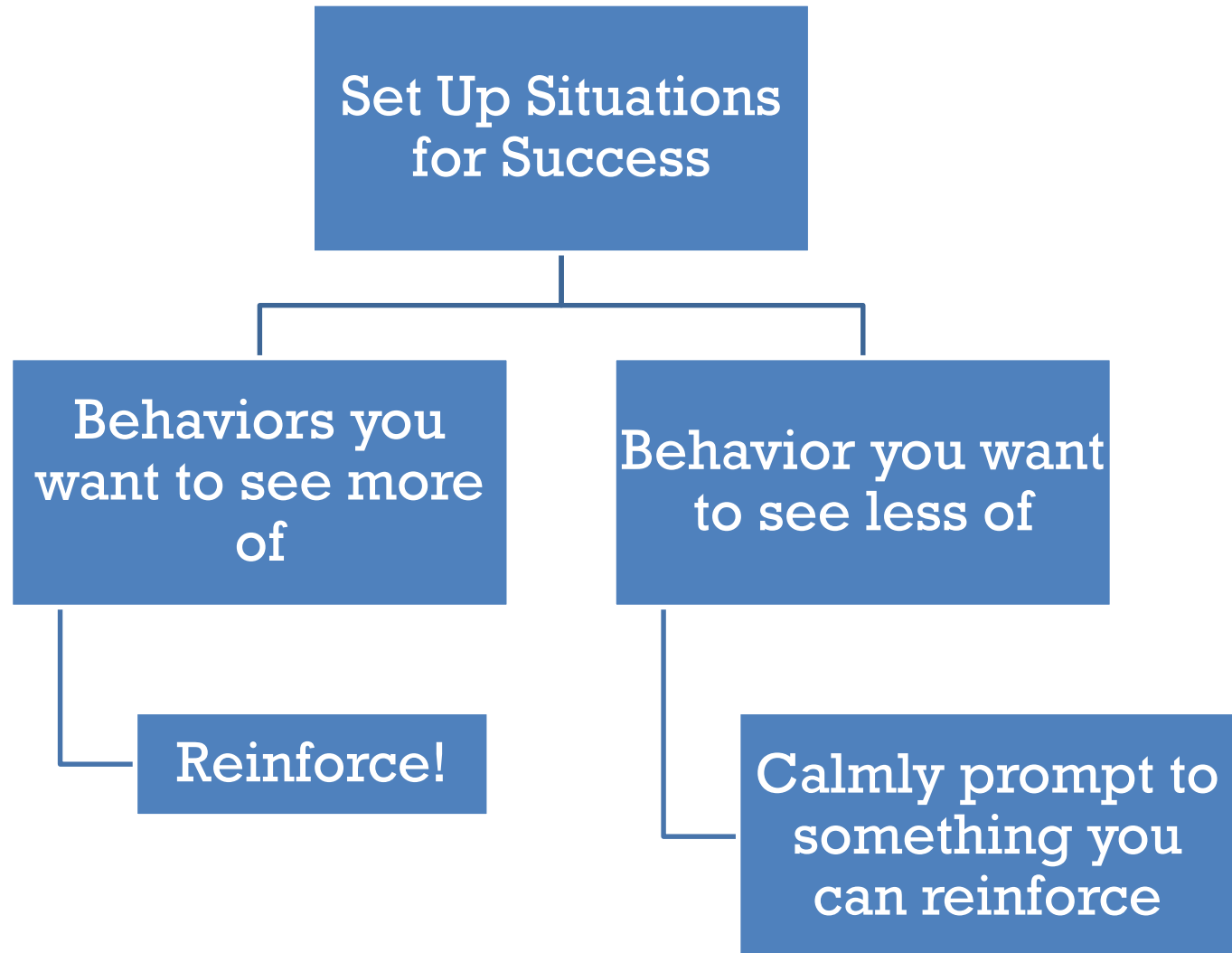❑ A visual display of what will happen after completion of a desired behavior

First	Then

Token Economy
❑ A visual display of progress toward a reinforcer

I am working for

I earn tokens for washing hands!

4. Use reinforcement to increase appropriate behaviors

Set Up Situations for Success

Behaviors you want to see more of

Behavior you want to see less of

Reinforce!

Calmly prompt to something you can reinforce

4. Use reinforcement to increase appropriate behaviors

- **Prompting**

  – Give cue/help to promote desired behaviors

  – Prompts should be purposeful based on your child & task

  – Prompted responses should still be reinforced!
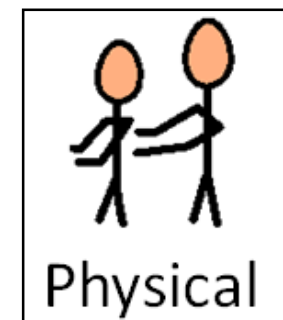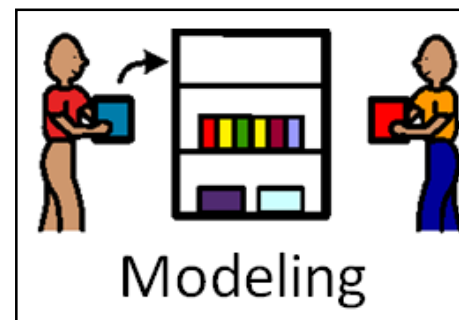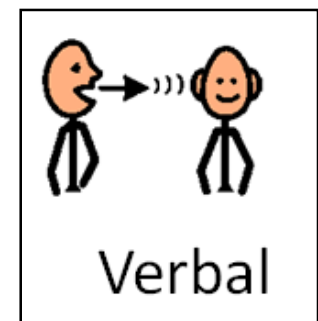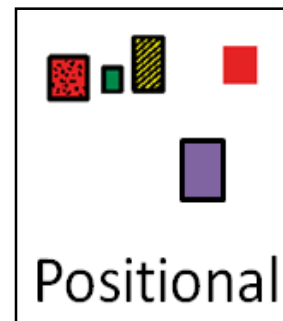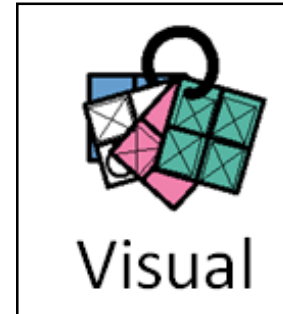
Visual

Gestural
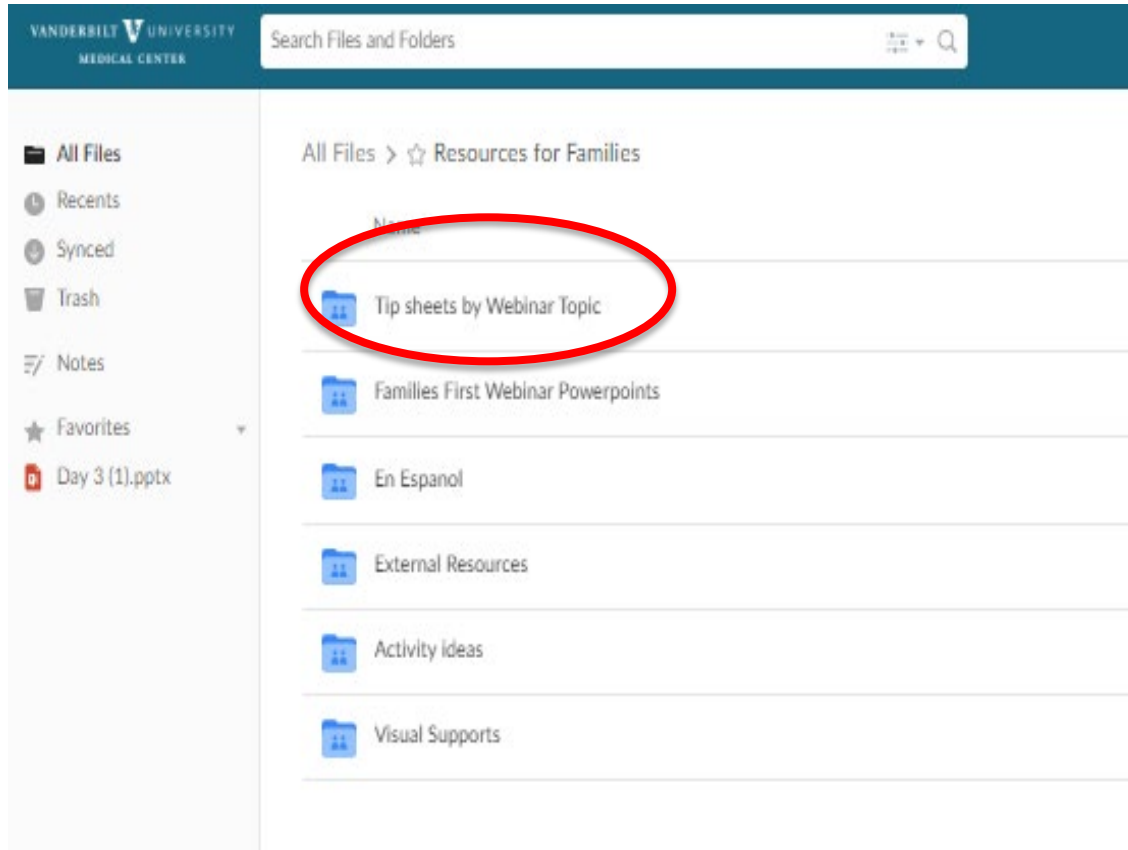
Positional

Verbal

Modeling

Physical

Tips for Reinforcement

Understand:

1. What is reinforcement

2. What motivates your child

3. How to identify reinforcers

4. How to use reinforcement to increase appropriate behaviors

BOX Folder Resources

All Tip Sheets related to today's webinar are in the "Reinforcement Tips" Folder

For more detailed behavior info:

https://triad.vkclearning.org/

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Early Intervention Services

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WEBINAR

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Strategies to Start With

Open

THEN

Setting Up Situations for Success

Launch

Responding to Your Child

Launch

OR

Common Needs for Young Children with Autism: Early Intervention Training Series   **Open**

Session One: Understanding the ABCs of Behavior

Start with this one!

O Session One: Understanding the ABCs   **Launch**

THEN continue here for more information on challenging behaviors

Early Intervention: Challenging Behavior Series

O	2. Challenging Behavior Session Two	**Launch**
O	3. Challenging Behavior Session Three	**Launch**
O	4. Challenging Behavior Session Four	**Launch**
O	5. Challenging Behavior Session Five	**Launch**
O	6. Challenging Behavior Session Six	**Launch**
O	7. Challenging Behavior Session Seven	**Launch**

Resources

Fill out the Evaluation:
https://redcap.link/FFwebinareval
Email us with questions: families.first@vumc.org

To access:
- Resources connected to webinars (including copy of PowerPoint): https://vumc.box.com/s/gppb1ei8966g71smsoblpf fjikic10q0
- Information on upcoming webinars and webinar recordings: https://vkc.vumc.org/vkc/triad/covid19/
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