# Action Plan

**Part 1: Connecting With Your Kids**

1. What are your child's strengths related to playing and connecting with you?

_____
_____

2. What are your child's interests? *[Note: Favorite stories, characters, toys, movements, objects, places to play, etc.]*

_____
_____

3. Based on your child's current play strengths and interests that you identified in Questions 1 and 2:

    A. Set a realistic goal that you want to work on to connect more with your child during play/improve your play interactions with your child?

    ❑ Enjoy the Play More
    ❑ Create More Opportunities for Communication
    ❑ Keep Child Engaged in Play Longer
    ❑ Other: _____

    B. How can you use active listening skills to help you work towards your goal from Question 3? *[Note: You do not have to work on all of these goals at the same time]*

    • Specific Praise: _____
    • Descriptions of Child Behavior: _____
    • Imitation: _____
    • Reflections of Actions: _____
    • Enjoyment: _____

**Part 2: Setting up and Planning for Child-Led Play**

4. Consider the factors below in setting up play routines to increase success for connection and enjoyment:

    Where: Setting Up the Environment
    • Limit/Remove distractions
    • Physical Structure
    • Positioning Your Body
    Plan:_____
    _____

    When: Practicing Child Led Play
    • Length and frequency *[Start small]*
    • When to schedule *[Consider child's physical needs, time of day, distractions]*
    • Set realistic goals for consistency
    Plan:_____
    _____

# Action Plan

What: Identifying Toys *[Consider your child's strengths/interests from #1 and #2]*
- Toys
- Activities
  Plan:_____
  _____

5. What types of supports may be helpful during your child-directed play routines?
   - ☐ Modeling
   - ☐ Prompts
   - ☐ Visual supports
   - ☐ Schedule
   - ☐ Timers
   - ☐ Other ways: _____

6. Reinforce and check for understanding: How will you plan to reinforce and support child-directed play routines? *[Note for reinforcers: Make it **clear**, **immediate**, **specific**!]*
   A. What appropriate behaviors will you reinforce?
      _____

   B. What reinforcers will you use?
      - ☐ Item (Toy, food)_____
      - ☐ Activity (iPad, bubbles, trampoline) _____
      - ☐ Privilege (Longer TV time) _____
      - ☐ Praise ("Woohoo!") _____
      - ☐ Physical Interaction (High five, tickles, hug) _____

**Part 3: Introducing Sibling Play**
7. Consider the **"Where," "When,"** and **"What"** responses from Question 4: How will you set up the play routine when adding your child's sibling?
_____
_____

8. Consider your **Supports** from Question 5: How will you change or adapt these for sibling play?
_____
_____

9. Consider your **Reinforcers** from Question 6: What behaviors will you reinforce and how can you adapt the reinforcers for sibling play?
_____
_____