



QUICK TIPS

Following the Lead

- **Activity:** Have toys available your child likes to play with. If your child enjoys gross motor play follow their lead in a game of chase or being tickled! Do not make your child continue the activity if they have lost interest.
- **Stay face to face:** Be on eye level!
- **Join In:** Narrate, Actively Listen, Be Helpful, Imitate!
- **Limit:** When following your child's lead limit questions or directing the play.



Examples of Following the Lead

Narrate : “You’re pushing the car!” “Beep!”

Actively Listen: watch for signs of engagement- gestures, eye contact, other.

Imitate you child’s sounds and actions



Be Helpful: anticipate when your child may get stuck or need help

Wait: waiting gives your child a chance to initiate.



Photo by [Arminas Raudys](#) from [Pexels](#)