

## Sensory Social Routines

### Find the smile

- Join your child when he/she is not engaged in anything
- Repeat short games/songs two or three times and then pause
- Pause before the big event

### Develop back and forth routine

- How will my child participate?
- Keep your turn short
- Avoid “entertaining” your child
- Look expectantly and wait for some action or sound

### Incorporate Opportunities for Communication

- Narrate and give it a “name”
- Pause and wait for cues to continue
- Position yourself face-to-face
- Watch for signs to end the game

### Build a Repertoire

- Find variety of times during the day to build in SSRs
- Once it feels repetitive, add some variation
  - New verse, sound effect, step to routine, props, another person



| Name SSR: | Current Communication: | Caregiver goal: | Child goal: |
|-----------|------------------------|-----------------|-------------|
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