



QUICK TIPS

Toilet Training Reinforcer Examples

Social Reinforcers

- Feedback in the form of praise, cheers, hugs, tickles, etc.
- Access to preferred social activity, like hide and seek, peek a boo, etc.



Tangible Reinforcers

- Small pieces of a preferred food
- Preferred set of toys provided for a certain amount of time
- Access to a preferred "screen" for a certain amount of time



Photo by [Arminas Raudys](#) from [Pexels](#)



Choosing Toilet Training Reinforcers

- **Size:** Small enough that the child can earn it again quickly (e.g., portion of snack, few minutes with preferred toy)
- **Accessibility:** Not freely available to the child in other settings (e.g., put away toy until desired behavior)
- **Immediate:** Can be provided as soon as the toileting goal behavior has occurred
- **Variety:** Continually change reinforcers so the child does not tire of them