

Having a Babysitter

A Social Narrative

Instructions for Using This Social Story Template

- Anything italicized and in red is a place to insert pictures or update wording to match your child and home.
- Be sure to look at the notes section below the slides for additional instructions.
- Remove this instruction page from the social narrative before printing/sharing with your child.
- Social narratives work best when they include more descriptive than directive statements (two descriptive statements for every one directive statement). Descriptive statements share facts and feelings. Directive statements direct behavior or a child's responses to situations.
- For more information about how to write social stories, visit <https://tipsheets.vkcsites.org/how-to-write-a-social-story/>.

(Insert picture of caregiver)

Sometimes *insert name of caregiver(s)* goes/go places without me. *Name of caregiver(s)* might go to work, to a meeting, to a dinner, or to a store while I stay home. *Name of caregiver* will come home when *he/she/they is/are* done.

(Insert picture of babysitter)

While *name of caregiver* is away from home, a babysitter will come to my house. The babysitter's name is *babysitter's name*.

(Insert picture/name of babysitter)

Babysitter's name will take care of me while *caregiver's name is/are* away. It will probably be for about *expected duration caregiver will be away.*

(Insert pictures of activities)

While *caregiver's name* is gone, *babysitter's name* and I can *read books, play games, watch TV, color or draw, play outside*. *Babysitter's name* wants to do fun things with me.

*Insert picture of common snacks, meals,
or drinks*

Babysitter's name will make sure that I have food and drinks if I need them and that I am safe.

(Insert picture of house rules)

Even when *babysitter's name* is here, I will still follow the house rules.

The rules in our house are:

- 1.
- 2.
- 3.

(Insert picture of babysitter)

I should try to listen to *babysitter's name* and follow *his/her/their* directions so that we are both safe and happy. While *caregiver's name* is/are away, *babysitter's name* is in charge.

(Insert picture of babysitter and caregiver)

If I need help to do something, I can ask *babysitter's name* to help me. If plans change, *caregiver's name* will call *babysitter's name* to let *him/her/them* know.

(Insert picture of child's room)

Caregiver's name might be gone for a while, so *babysitter's name* might need to put me to bed. This might be a little bit different from when *caregiver* puts me to bed, but that is ok. *Caregiver's name* will come home and take care of me when *he/she/they* get here.

(Insert picture of babysitter)

Babysitter's name will take great care of me
while *caregiver's name is/are* away.