



Treatment and Research Institute for Autism Spectrum Disorders

First Day of School

A Social Narrative



Instructions for Using This Social Story Template

- Anything italicized and in red is a place to insert pictures or update wording to match your student and school.
- Be sure to look at the notes section below the slides for additional instructions.
- Work as a school team, including caregivers, to make any necessary updates to the narrative before sharing with your student (e.g., there may be specific morning arrival/afternoon dismissal routines to include, etc.).
- Remove this instruction page from the social narrative before printing/sharing with your student.
- Social narratives work best when they include more descriptive than directive statements (two descriptive statements for every one directive statement).
 Descriptive statements share facts and feelings. Directive statements direct behavior or a student's responses to situations.
- For more information about how to write social stories,
 visit https://tipsheets.vkcsites.org/how-to-write-a-social-story/.

(Insert picture of school)

I am starting school. I go to insert name of school.



(Insert picture of school staff)

There are lots of grown-ups at my school who care about me and help me learn.



(Insert picture/name of principal)

My principal is *insert name of principal*. He/She is in charge of the school.



(Insert picture/name of the student's teacher)

My teacher is *insert name of teacher*. He/She teaches me and helps me.



(Insert pictures/names of the different teachers/adults the student will see)

Insert name of additional teacher is also my teacher.



(Insert picture of type of transportation student will take to school)

I get to school by riding the bus, riding in a car, walking.



(Insert picture of where the student will keep their backpack and materials, e.g., a locker, a cubby, a desk)

When I get to school, I put my backpack and class materials in a locker, a cubby, a desk, a shelf.



(Insert picture of classroom)

This is what my classroom looks like. I stay in this classroom for *list* subjects or activities.



(Insert picture of student restroom)

If I need to go to the bathroom at school, this is where I go.



(Insert picture of cafeteria)

This is the cafeteria, where I eat *breakfast, lunch.* I buy hot lunch, bring a lunch from home.



(Insert picture of the cafeteria)

When I go into the cafeteria, I sit down at a table to eat. When I am done eating, I throw away my trash and go back to the classroom to continue learning.



(Insert pictures of the gym and the playground)

At school I will learn. I will also get to do fun things, like visit the gym or the playground.



(Insert visual of school/class rules)

At school, it is important to follow the school rules. This helps me stay safe and on track. At my school, the rules are:

- 1. Insert rule
- 2. Insert rule
- 3. Insert rule



(Insert picture of student's materials)

At the end of the day, I will go will pack up my materials and get ready to leave. I need to remember to pack: (insert list of items your child needs to remember to bring home at the end of the day).



(Insert picture of type of transportation student will take from school)

When school is over, I will go home, to aftercare, to a caregiver's house. I will ride the bus, ride in a car, walk.



(Insert picture of school)

I am ready to go to school!



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