

Asking for Help with Homework

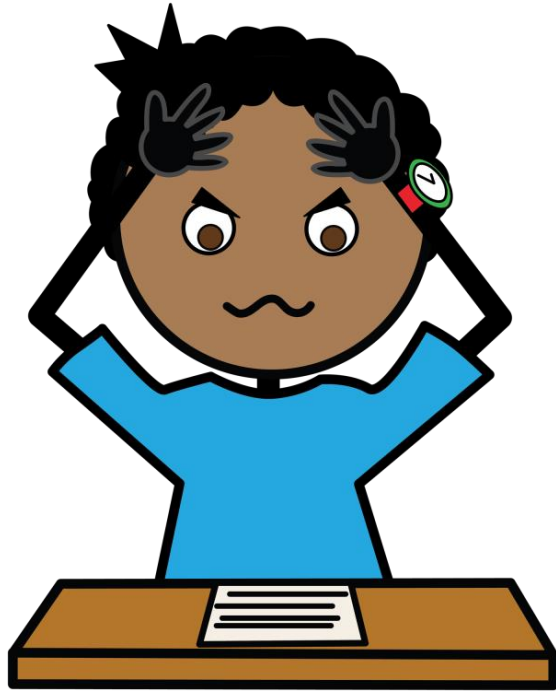
A Social Narrative

Instructions for Using This Social Story Template

- Make any necessary updates to the narrative before sharing with your child (e.g., there may be specific self-help skills you are working on during homework time). Your child's teachers may have suggestions, so checking with them is a great place to begin.
- Change pictures to best match your child's needs if necessary.
- Remove this instruction page from the social narrative before printing/sharing with your child.
- Social narratives work best when they include more descriptive than directive statements (two descriptive statements for every one directive statement). Descriptive statements share facts and feelings. Directive statements direct behavior or a student's responses to situations.
- For more information about how to write social stories, <https://tipsheets.vkcsites.org/how-to-write-a-social-story/>.



Sometimes when I'm doing homework, the work is easy, and I can finish it quickly all by myself.



Sometimes, the homework is more difficult. This is a normal part of learning. All kids have some homework that is easy to finish on their own and other homework where they might need support from an adult.



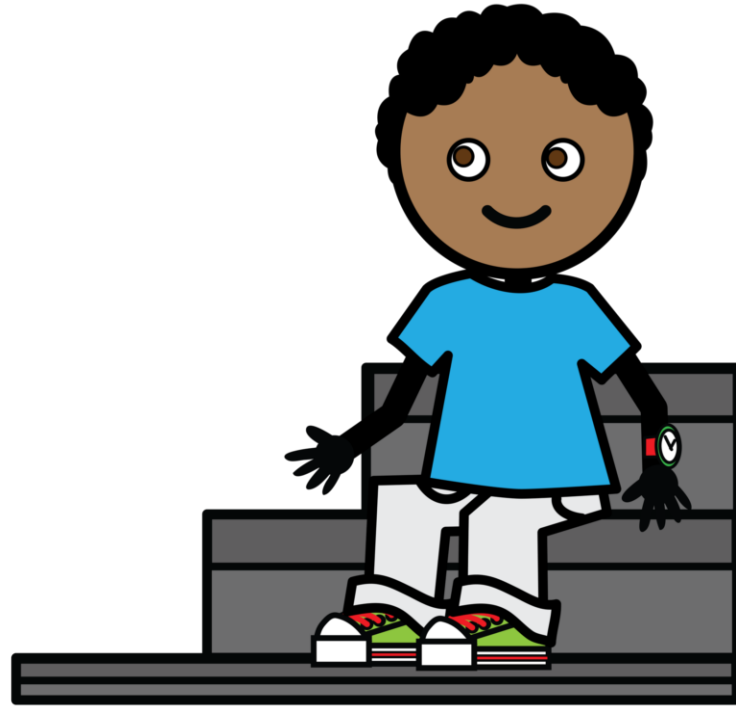
When homework is difficult, it can feel uncomfortable. I might get frustrated, tired, or nervous. I might feel like I don't want to do the work anymore. All these feelings are OK, but I can think about ways to get more support to help me with those feelings.



When I notice that I need support while I'm doing homework, I can think about what kind of support would be helpful. Sometimes, I might just need more thinking time to solve the problem or think about my answer.

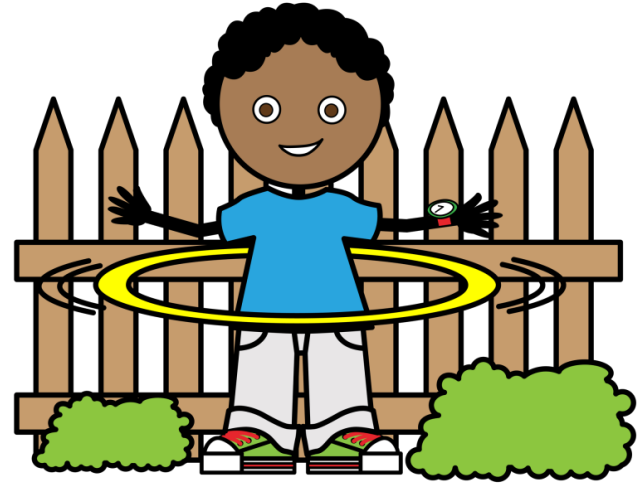
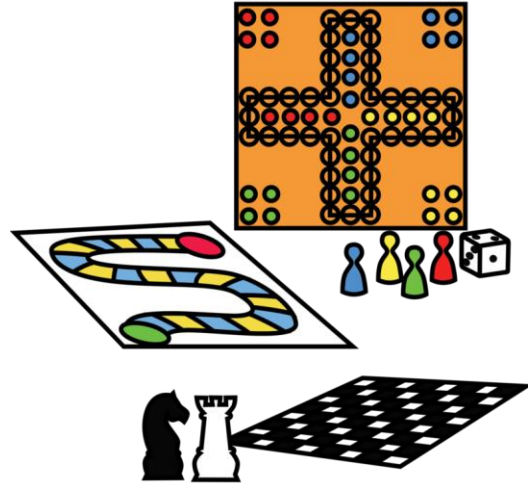


Other times, I might need help from an adult. They can help me by showing me an example, giving me a hint, or helping me correct a mistake.

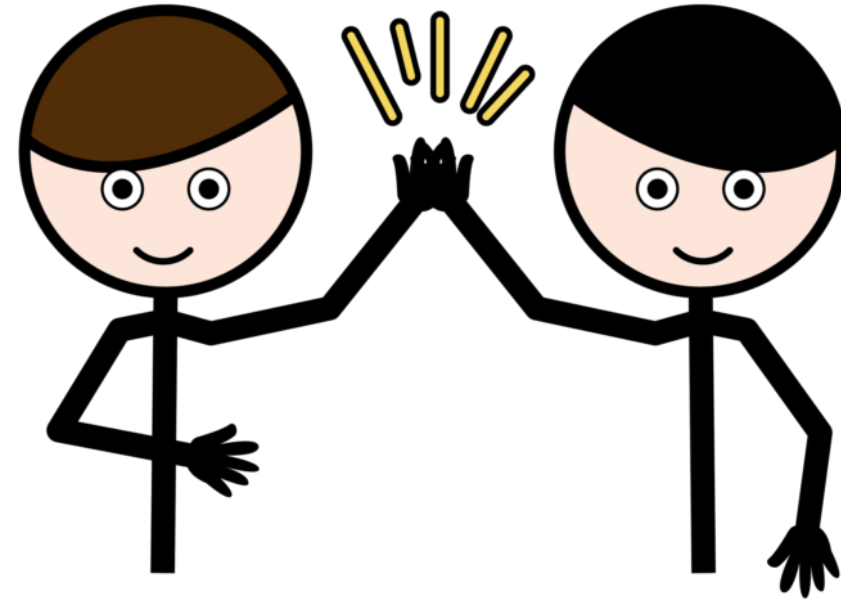
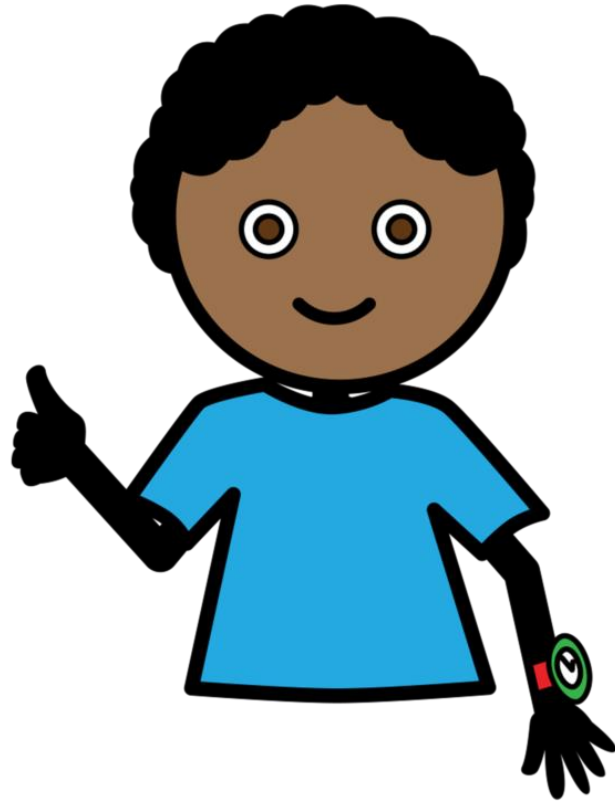


Another way I can ask for support is to ask for a quick break from the homework, that way I can start again in a few minutes, feeling ready to continue.

More Time	Help	Break
<p>“I need more time please.”</p> <p>“I need some thinking time.”</p> <p>“I am taking a minute to think about my answer.”</p>	<p>Example:</p> <ul style="list-style-type: none"> • “Can you show me how to do this?” • “Can you show me what this should look like?” • “Can you show me an example?” <p>Hint:</p> <ul style="list-style-type: none"> • “Can you give me a hint about the next step?” • “Can you give me a hint about where I could look for the answer?” <p>Correct a Mistake:</p> <ul style="list-style-type: none"> • “Something doesn’t seem right. Can you show me what I missed?” • “My answer isn’t lining up. What should I fix?” 	<p>“I need a quick break.”</p> <p>“Can I take a break now and come back to this in a few minutes?”</p>



When my homework is finished, I can do other things that I enjoy.



When I ask for support when I'm doing homework, it will help me complete more learning tasks and help me stay on track as a student.