

VANDERBILT KENNEDY CENTER

Treatment and Research Institute for Autism Spectrum Disorders

#### **Taking Turns**

A Social Narrative





#### **Instructions for Using This Social Story Template**

- Anything italicized and in red is a place to insert or update wording to match your student. Pictures can be removed or replaced to best match your student's needs.
- Be sure to look at the notes section below the slides for additional instructions.
- Social narratives are best when they are personalized. Change the images or wording as needed to individualize the story to your student's needs.
- Remove this instruction page from the social narrative before printing/sharing with your student.
- Social narratives work best when they include more descriptive than directive statements (two descriptive statements for every one directive statement).
  Descriptive statements share facts and feelings. Directive statements direct behavior or a student's responses to situations.
- For more information about how to write social stories, visit <u>https://tipsheets.vkcsites.org/how-to-write-a-social-story/</u>.



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I love to play with toys! My favorite toys to play with are *(insert student's favorite toys here)*.



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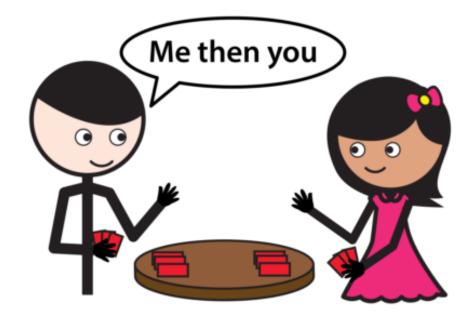


#### Sometimes my *friends* will play with me. My toy is so much fun that they want a turn, too.



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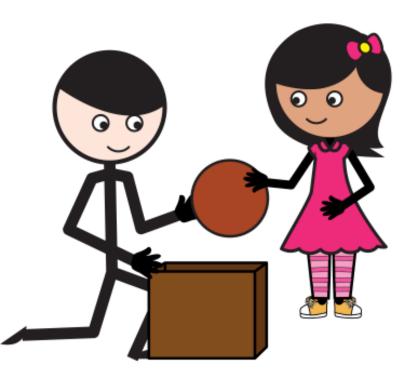


#### Taking turns means everybody gets a chance to play, not just one person.



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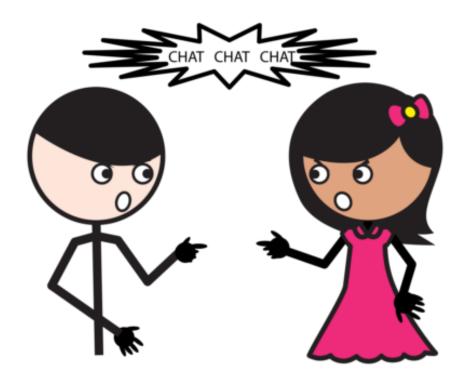


#### I know playing with my *(favorite toy)* is a lot of fun. My *friends* may ask me for a turn with my toy so they can have fun too.



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If my *friend* grabs my toy, tries to take it without asking, or is not nice with their words, I do not have to share.



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# I can wait until they ask me nicely before I give them a turn. When it is their turn, I can gently hand over my toy.



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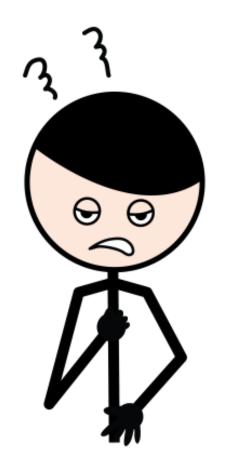


#### If I need more time, I can ask for *one more minute* and set a timer. When the timer goes off, it is my *friend's* turn.



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Sometimes I get big feelings when my turn is over. I may feel upset or wish it was still my turn. It is okay to feel this way.



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# Even though I like how much fun it is to play with my *(favorite toy)*, I want my *friends* to have fun too. I can always wait to have another



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turn.





# Sometimes I see my *friends* playing with toys that look like so much fun! I want to ask for a turn, so I can have fun too!



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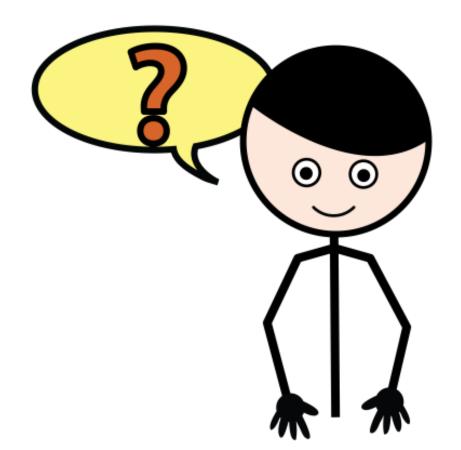


If I grab their toy, try to take it without asking, or am not nice with my words, my *friend* does not have to share.



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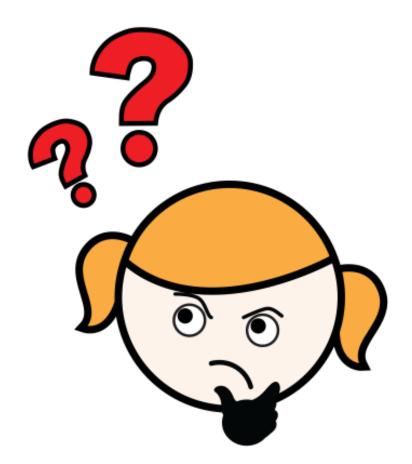


When I ask nicely for a turn, then my *friend* can give me a turn. I can ask, "*May I please have a turn?*"



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My *friend* may need more time with their turn. I know what that feels like when you want to keep playing.



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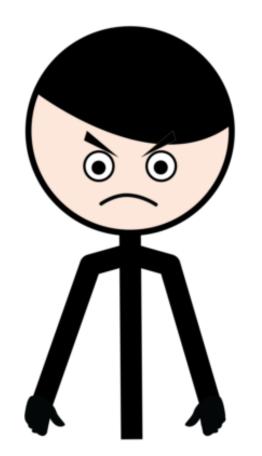


#### If they need more time, we can set a timer. When it goes off, then it will be my turn with the toy.



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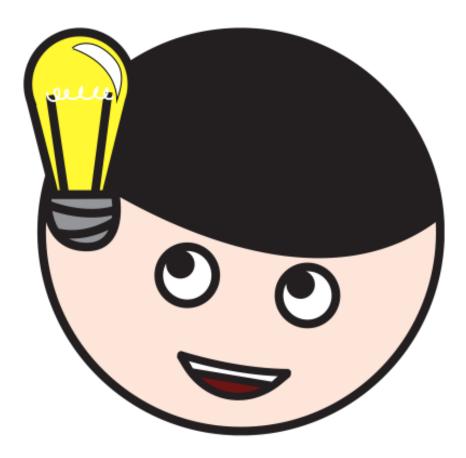


Sometimes I get big feelings when I am waiting for my turn. I may feel *upset* or wish it was my turn right now. It is okay



V VANDERBILT KENNEDY CENTER Treatment and Research Institute for Autism Spectrum Disorders to feel this way.



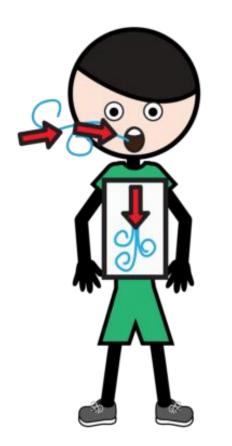


Even though I really want to play with the toy, I want my *friends* to have fun too. And, I know I will get a turn after I wait.



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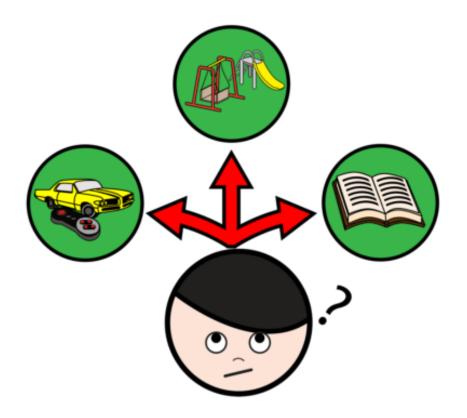


When it feels hard to take turns, I can *take three deep breaths* to help make me feel calm.



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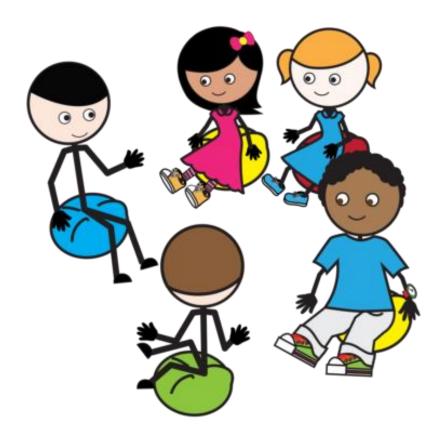


I can also play with another toy while I wait for it to be my turn. I also like *(insert student's other preferred toys)*.



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#### When we take turns, we all have fun!



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