

Waiting in Line

A Social Narrative

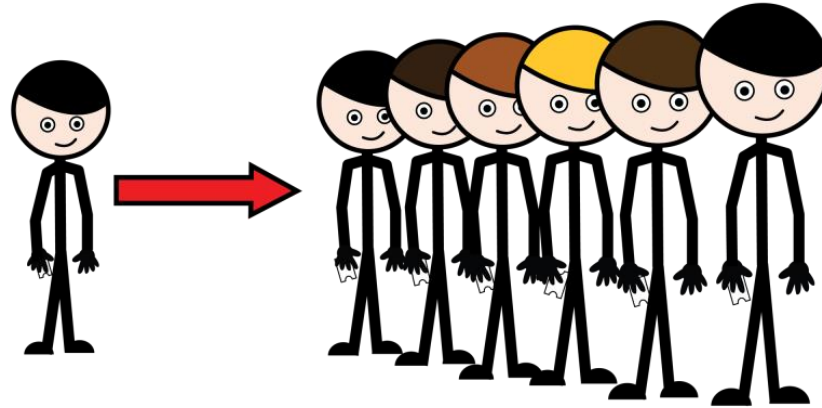
Instructions for Using This Social Story Template

- Anything italicized and in red is a place to insert or update wording to match your child. Pictures can be removed or replaced to best match your child's needs.
- Be sure to look at the notes section below the slides for additional instructions.
- Social narratives are best when they are personalized. Change the images or wording as needed to individualize the story to your child's needs.
- Remove this instruction page from the social narrative before printing/sharing with your student.
- Social narratives work best when they include more descriptive than directive statements (two descriptive statements for every one directive statement). Descriptive statements share facts and feelings. Directive statements direct behavior or a student's responses to situations.
- For more information about how to write social stories, visit <https://tipsheets.vkcsites.org/how-to-write-a-social-story/>.



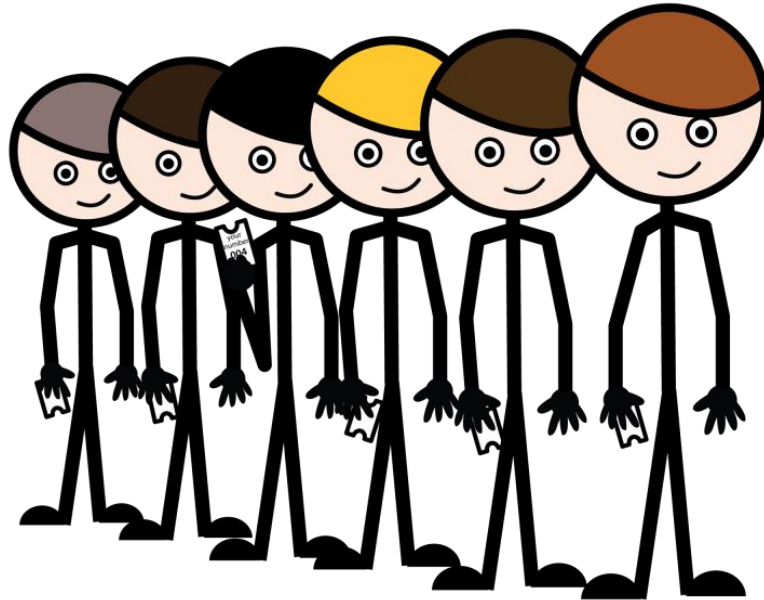


I am learning how to wait. Waiting means that it takes time for me to *get (or do) something I want.*



Sometimes, I have to wait in a line. That means there are other people who are waiting too.

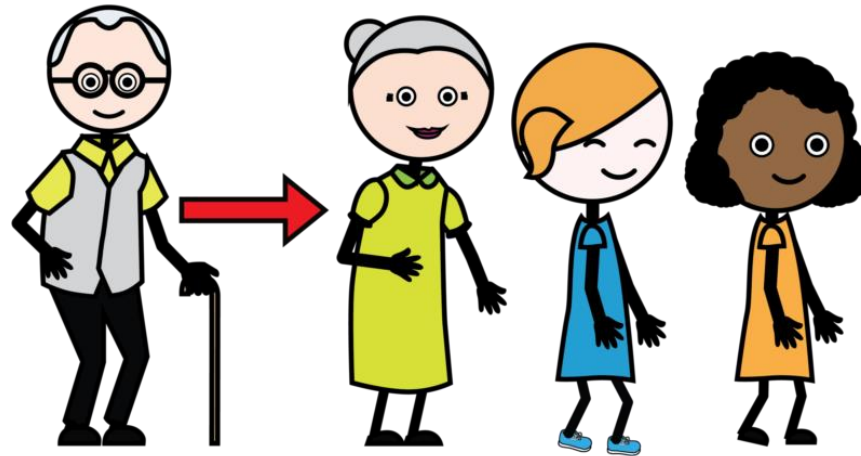
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No matter how many people are in line, we will all have a chance to
get (or do) the thing we want after we wait!



Sometimes I am in front of the line. I like being at the front because *I can see what's in front of me* and I get to wait less time!



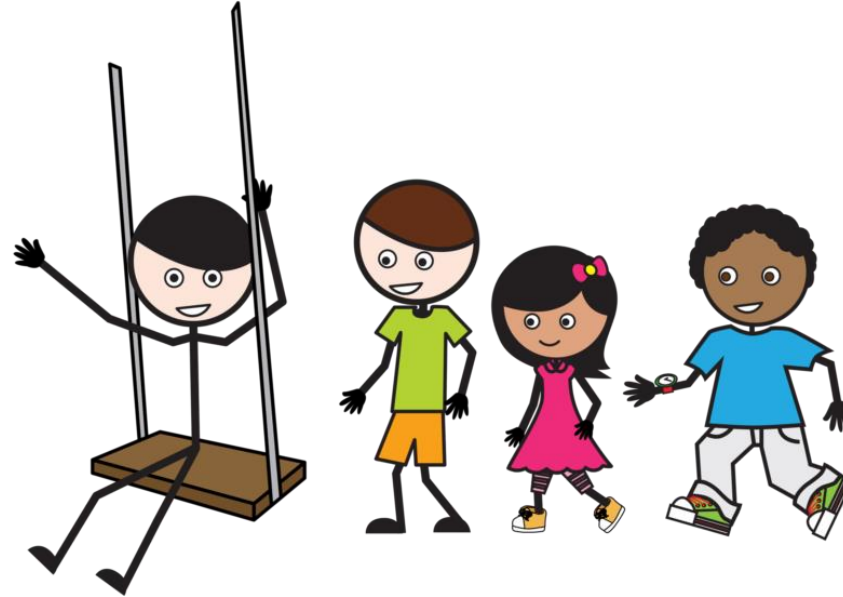
Sometimes I am in the middle of the line. This is okay, but it can be hard to tell how long I need to wait.



And sometimes I am in the back of the line. It can be hard to be in the back because the front seems so far away!



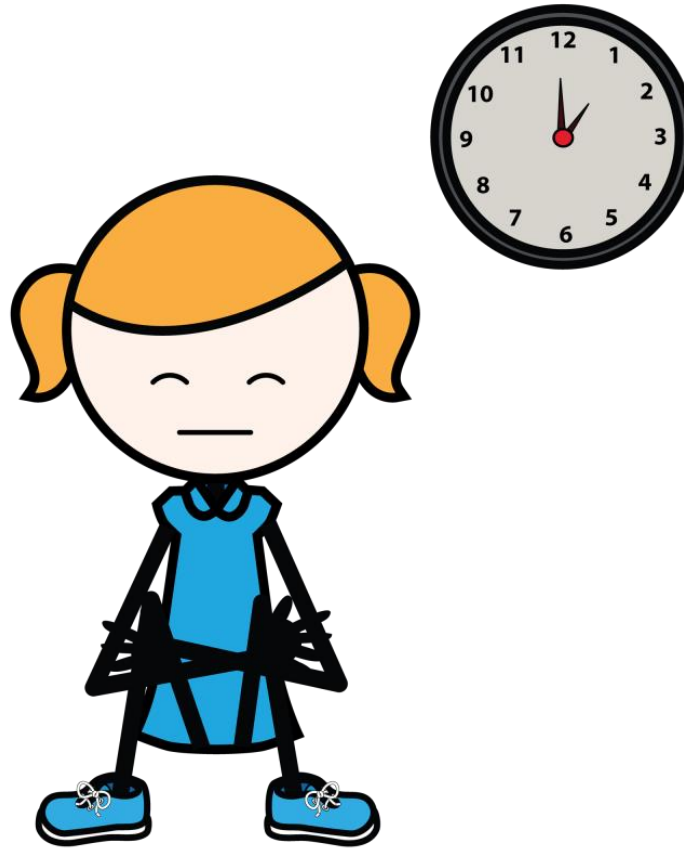
But no matter where I am in line, I know that I will always make it to the front after I wait.



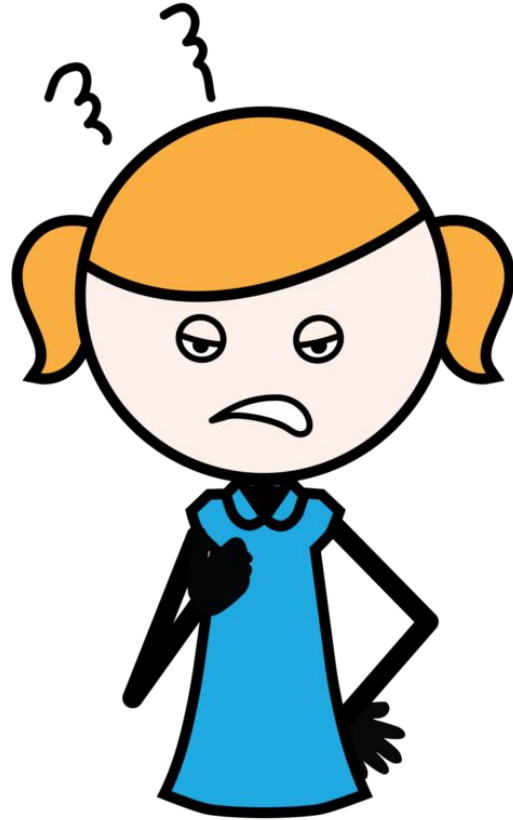
That is because the line is always moving! Once the person in front has a turn to *get (or do) something*, then it is the next person's turn.



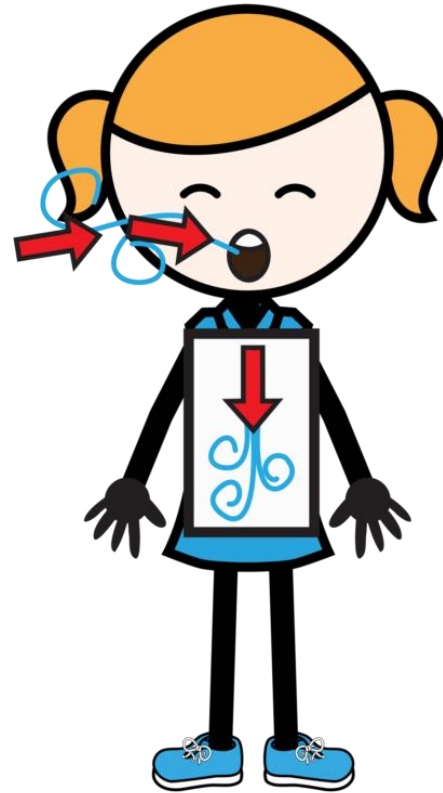
I know this because I have been in lines before. I know that even when I am at the back of the line, I will still make it to the front once I wait my turn.



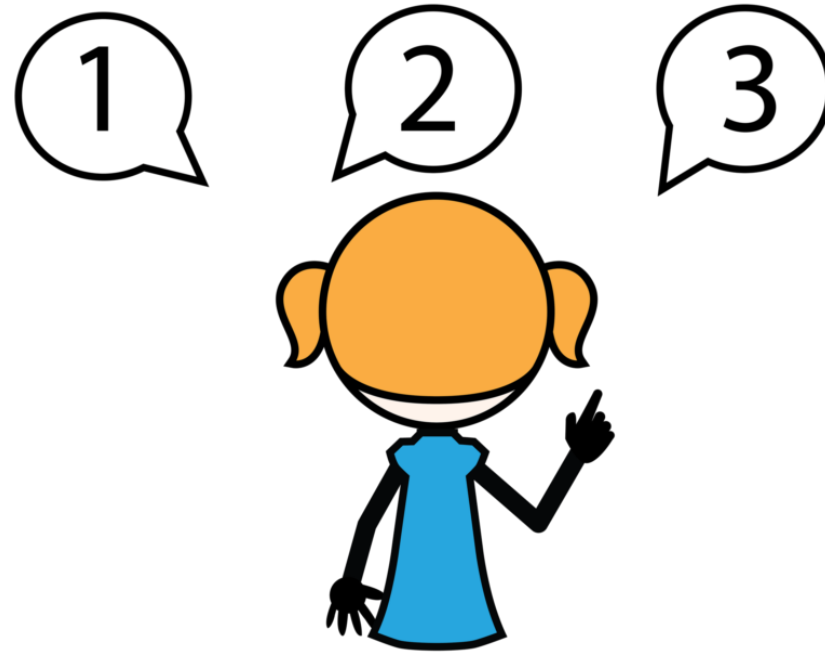
Even though I know this, it can be hard to wait. Especially if I do not get the spot I want.



I may have big feelings when I do not get the spot I want.
Even though it is okay to feel this way, I know all I have to
do is wait.



If my feelings get too big, I can *take three deep breaths* to help make me feel calm.



To help me wait in line, I can *count how many people are left until I am in front.* Or I can *look at a picture of the thing I will get (to do) once I am at in front.*



If thinking about waiting makes my feelings too big, I can distract myself instead. I can *play with my fidget toy, listen to music, or hum quietly to myself.*



When we wait in line, we all get a turn with *the thing we want (to do)!*