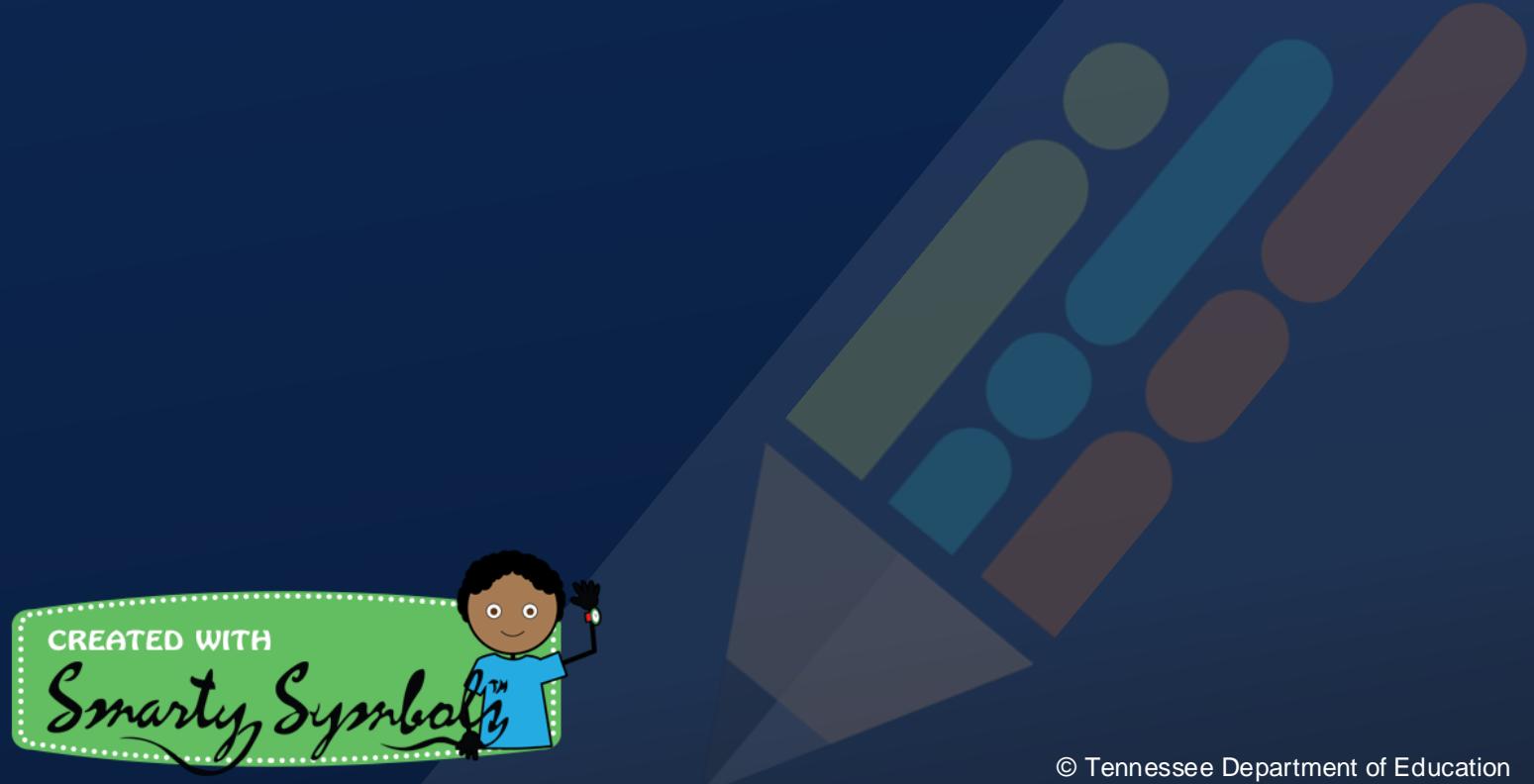


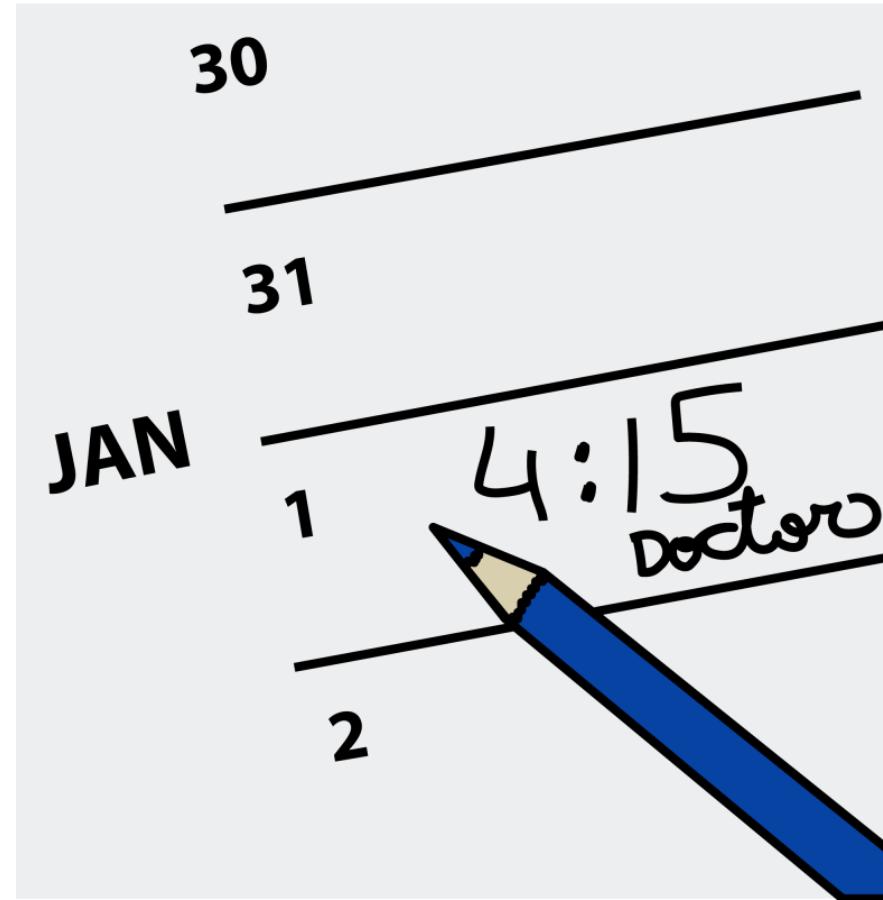
# Doctor Visit

## A Social Narrative

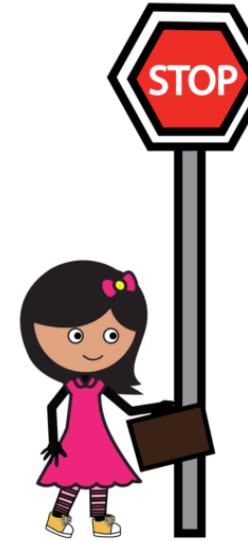
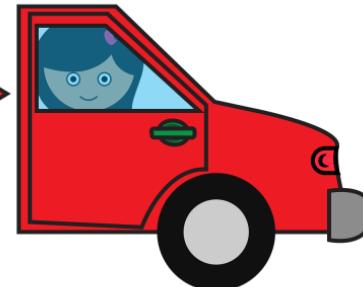
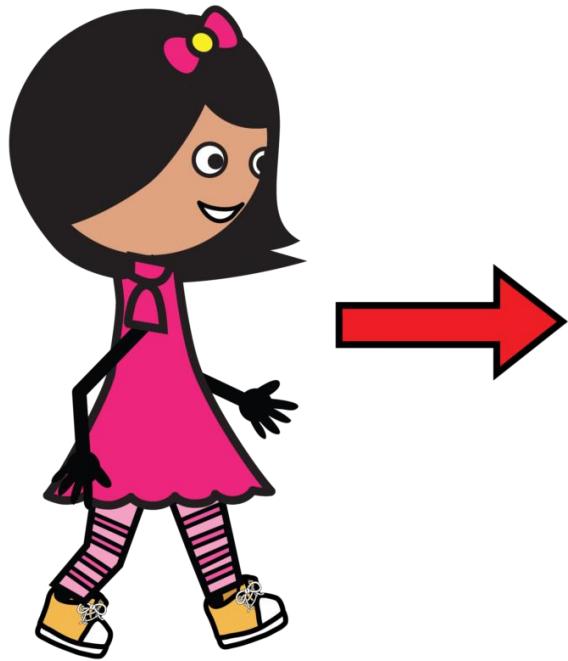


# Instructions for Using This Social Story Template

- Anything italicized and in red is a place to insert or update wording to match your child. Pictures can be removed or replaced to best match your child's needs.
- Be sure to look at the notes section below the slides for additional instructions.
- Social narratives are best when they are personalized. Change the images or wording as needed to individualize the story to your child's needs.
- Remove this instruction page from the social narrative before printing/sharing with your student.
- Social narratives work best when they include more descriptive than directive statements (two descriptive statements for every one directive statement). Descriptive statements share facts and feelings. Directive statements direct behavior or a student's responses to situations.
- For more information about how to write social stories, visit <https://tipsheets.vkcsites.org/how-to-write-a-social-story/> .



I have an appointment to see the doctor.



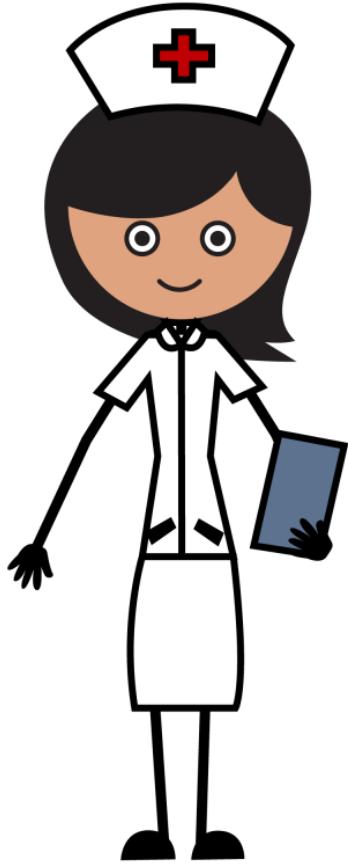
*Insert name of adult* takes me to the appointment.  
We *walk, drive in the car, take the bus* to get there.



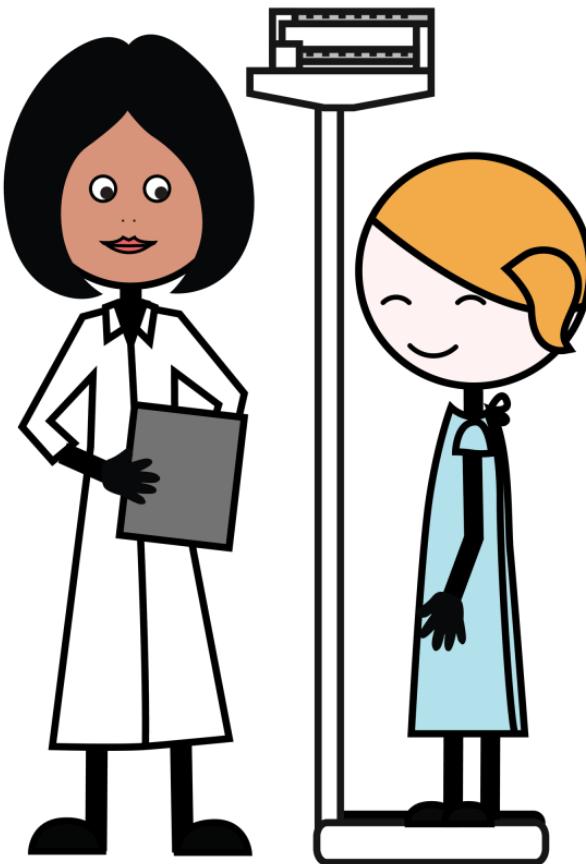
When we get to the doctor's office, we walk inside and check in at the front desk.



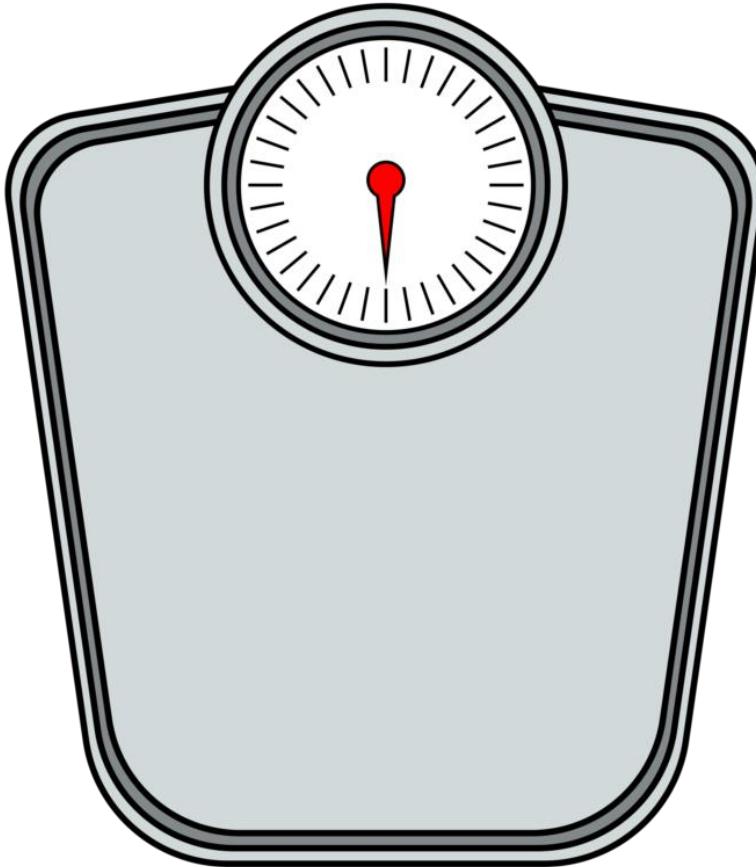
I might sit in the waiting room while we wait for the doctor or nurse to be ready. While I wait, I can *read a book, watch my tablet, play with a toy.*



When it is my turn to see the doctor, the nurse walks me back to a small room.



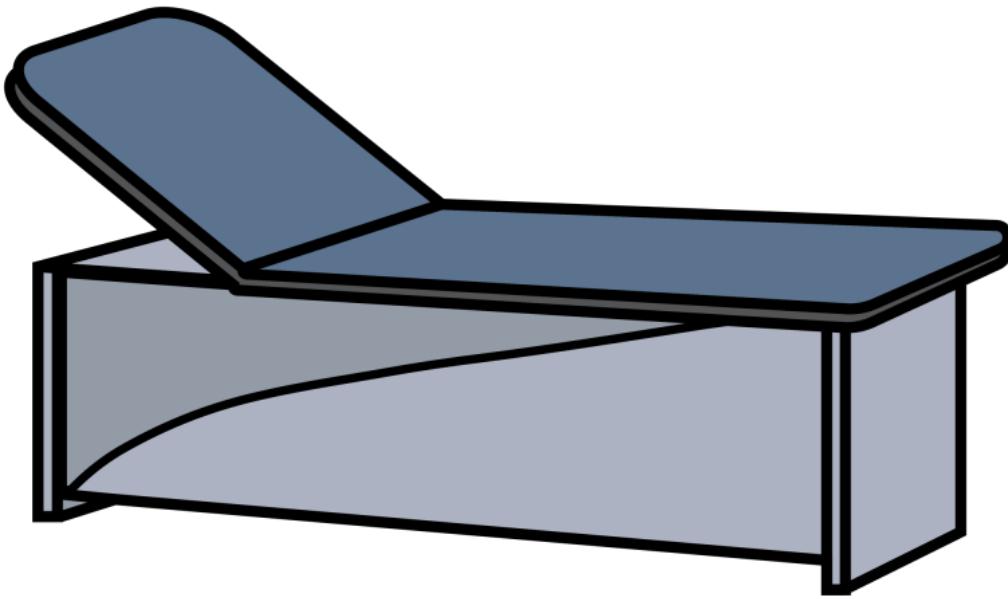
We might stop to get weighed and measured first.



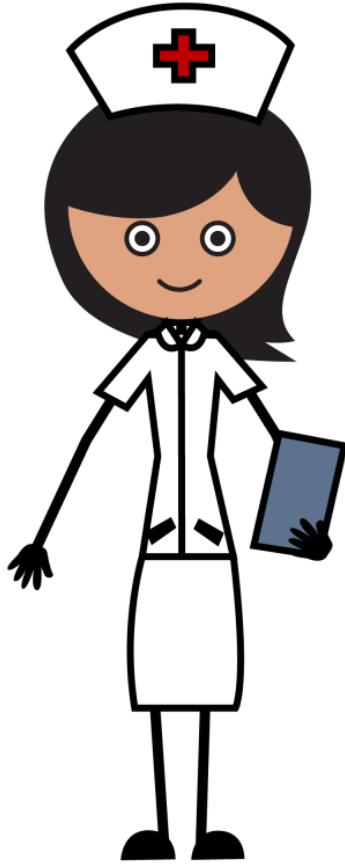
When I get weighed, I step on the scale with both feet and stand still.



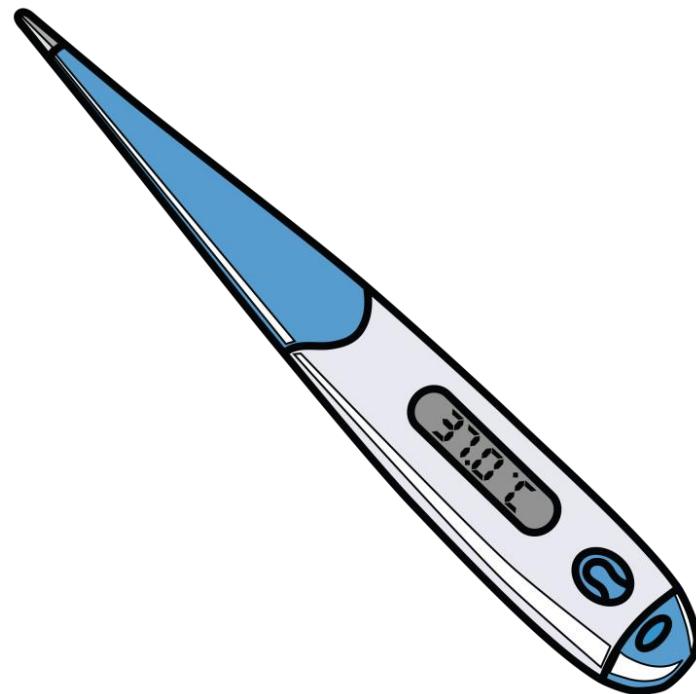
Then, the nurse measures to see how tall I am. A small bar like a ruler might touch my head, but it will not hurt.



Then, we go into the exam room and close the door.



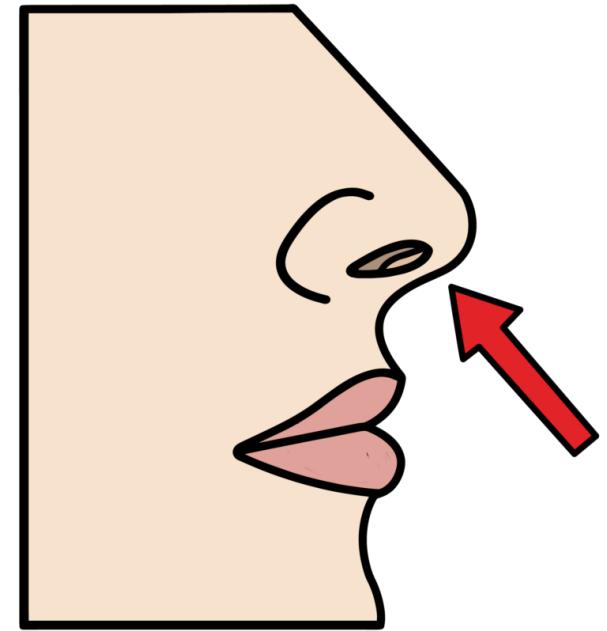
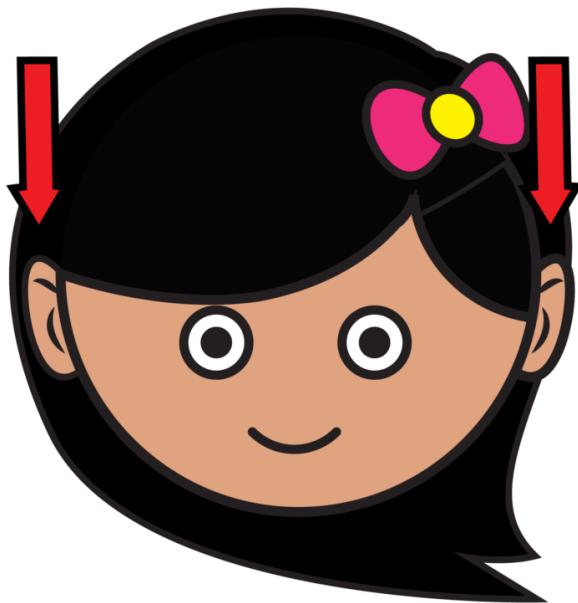
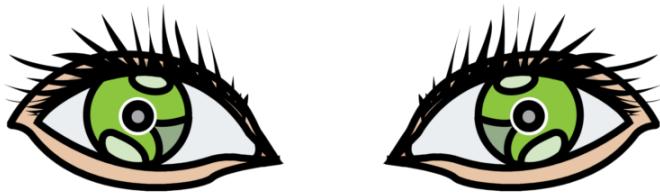
The nurse will ask some questions. I can answer, or the adult I came with can answer.



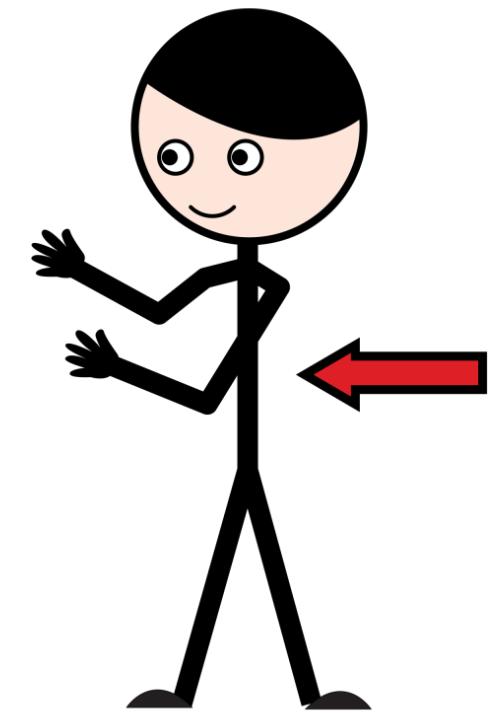
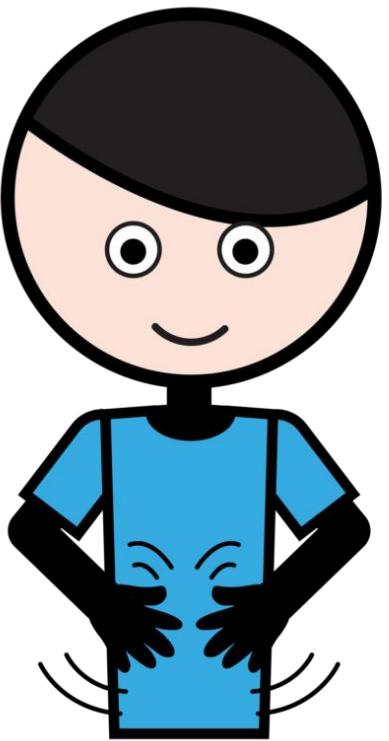
The nurse might measure my pulse or take my blood pressure. The nurse also might take my temperature.



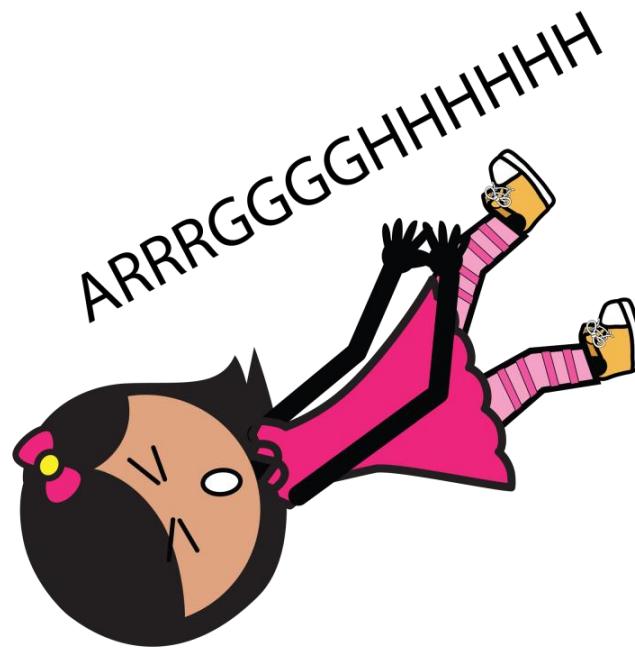
The doctor will come in and talk to us. The doctor might listen to my heart with a stethoscope. It doesn't hurt!



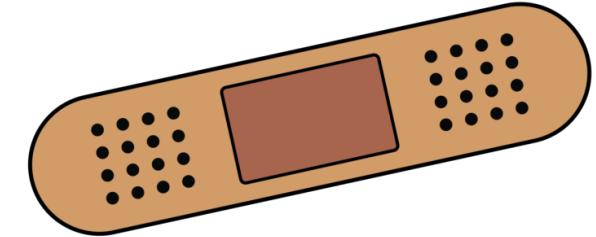
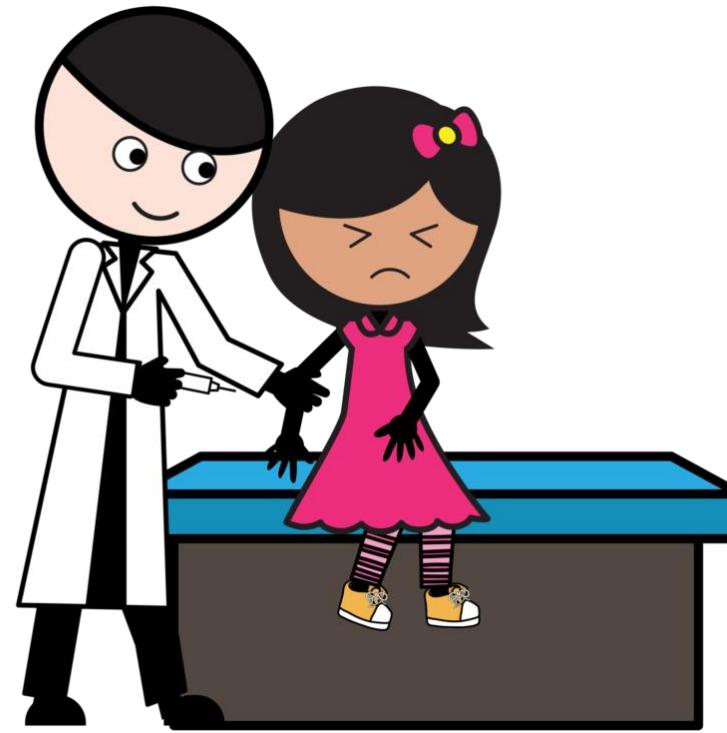
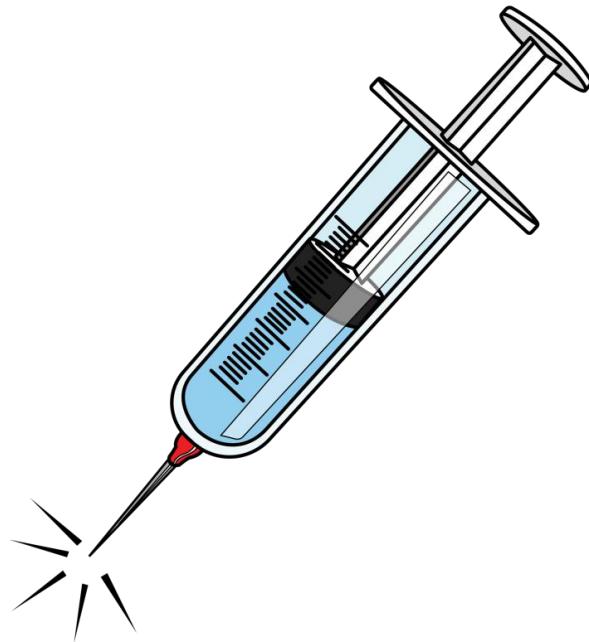
The doctor might use a light to look in my eyes, ears, and nose.



The doctor might also look at other parts of my body, like my back, belly, arms, or legs.



If a part of my body hurts or bothers me, I can tell the doctor. The doctor can check it to make sure everything is ok.



Sometimes, the doctor or nurse might give me a shot to keep me healthy. It might pinch, but it will be over quickly. Usually, they put a bandage over the place where they gave me the shot.



When we are all finished, the nurse will walk me to the front desk. I can check out with the adult who brought me and go home.



Going to the doctor is helps me stay healthy!