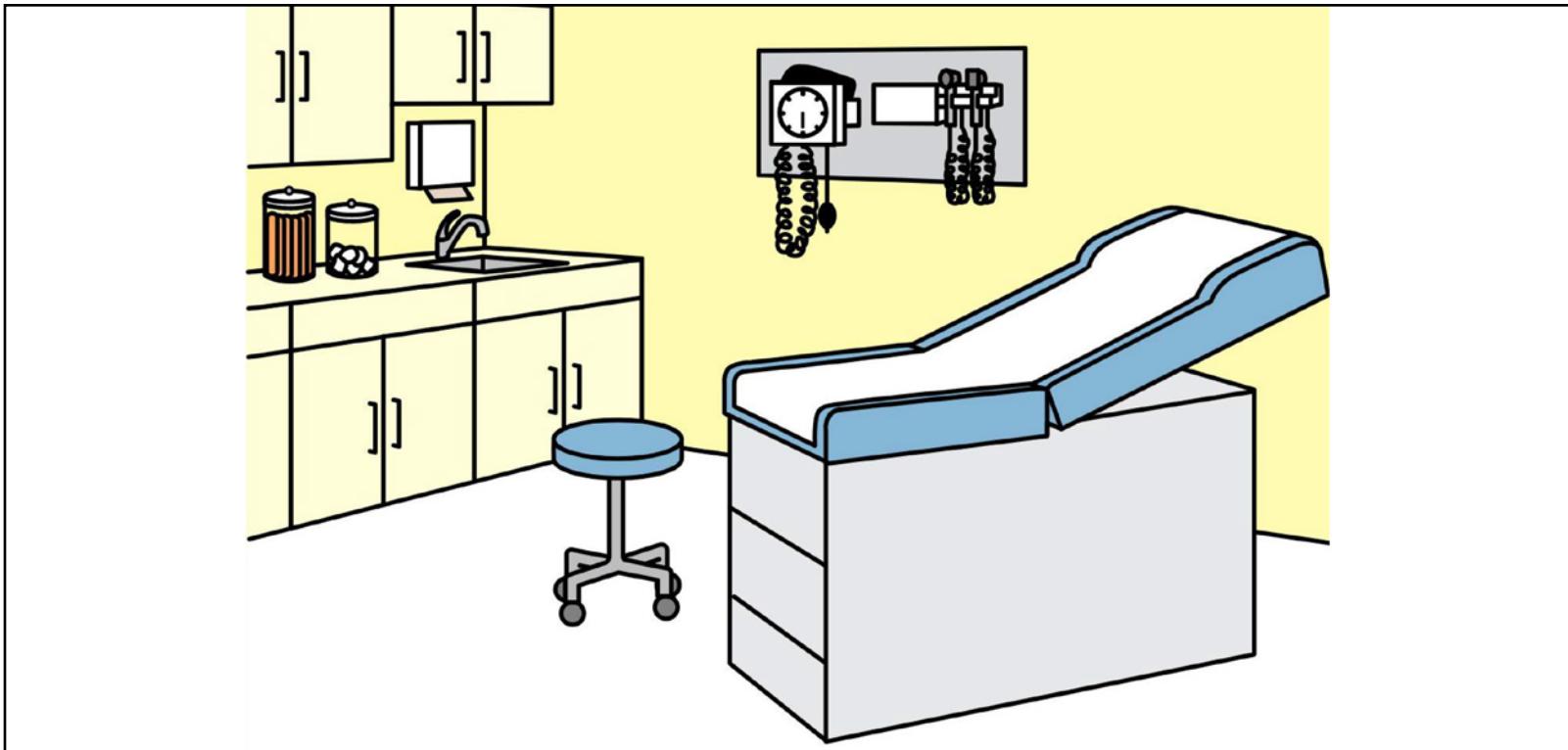


My Doctor's Visit

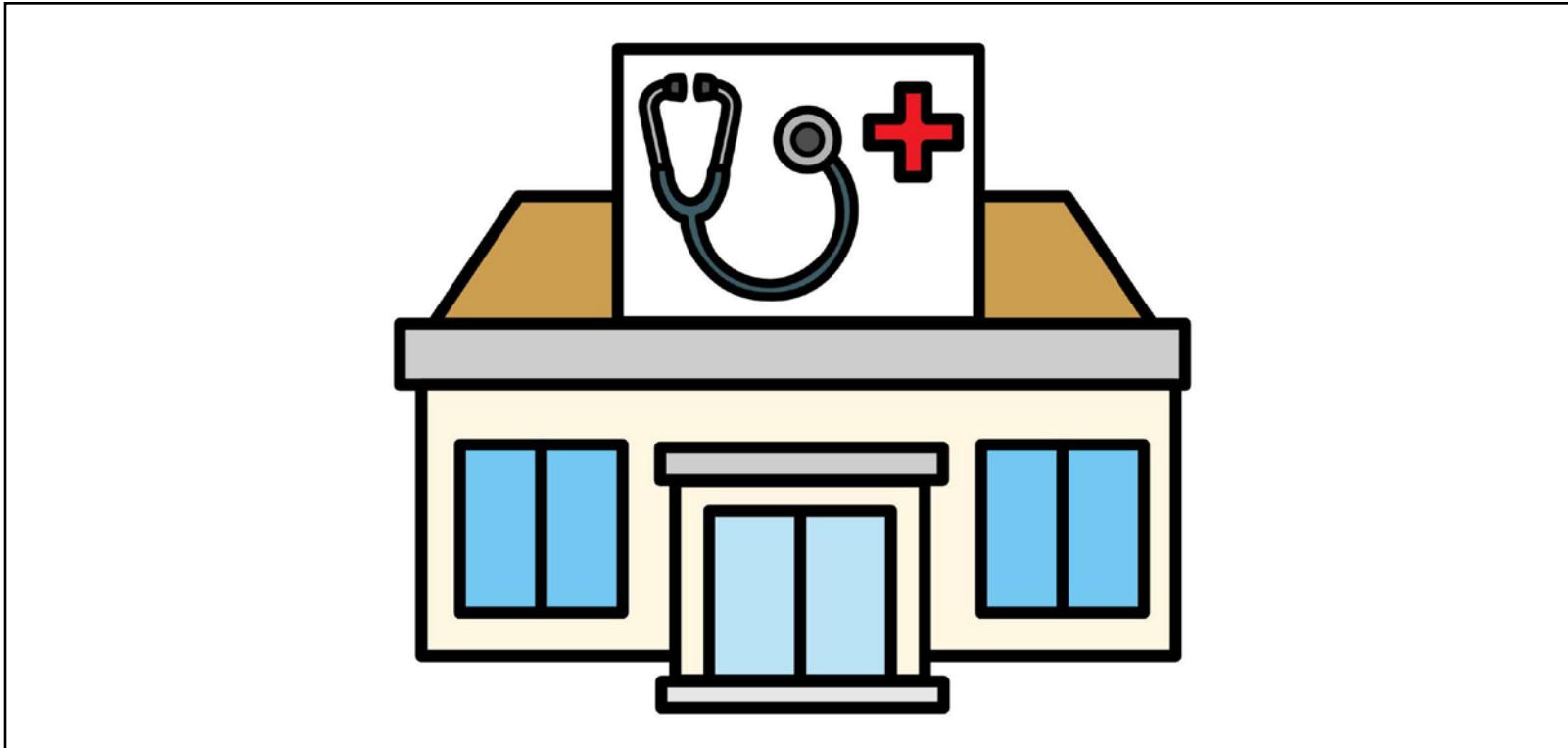




Today, I'm going to the doctor. This may be because I'm not feeling well, or for a well-check.



Depending on the reason I'm seeing the doctor these tasks may or may not happen, and they may happen in a different order.



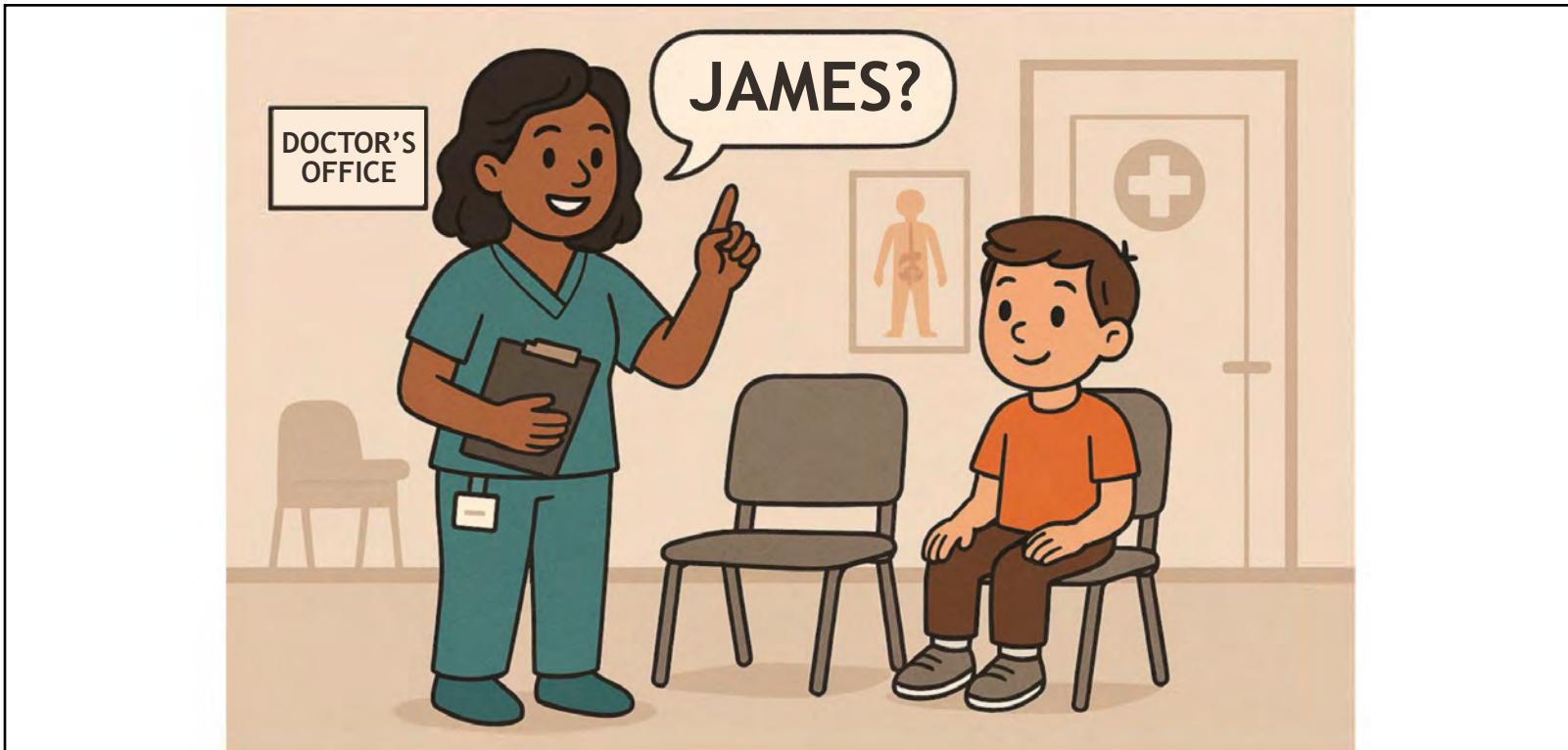
I will go inside the clinic with my caregiver.



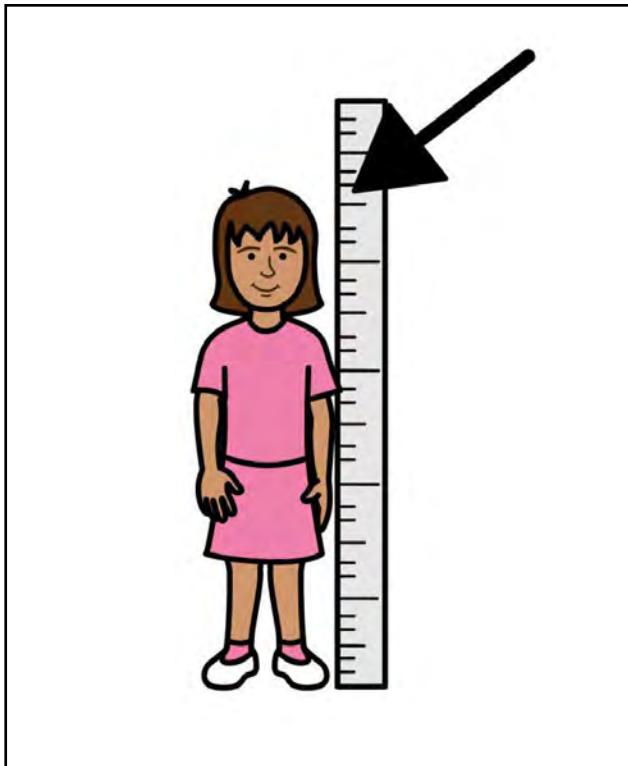
We will sign in at the front desk so they know I'm there for my appointment.



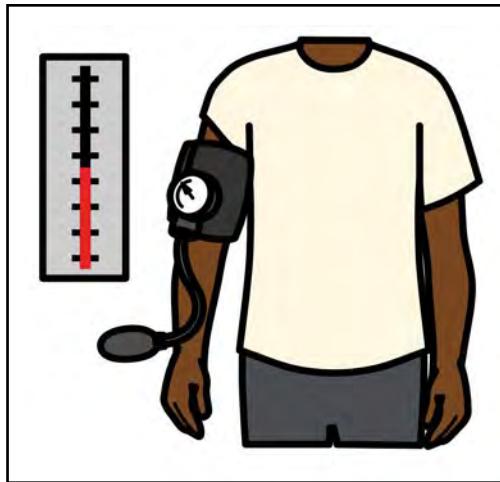
I will wait in the waiting room. I can talk, read, or play quietly while I wait.



When the medical assistant calls my name, I will walk back with my caregiver.



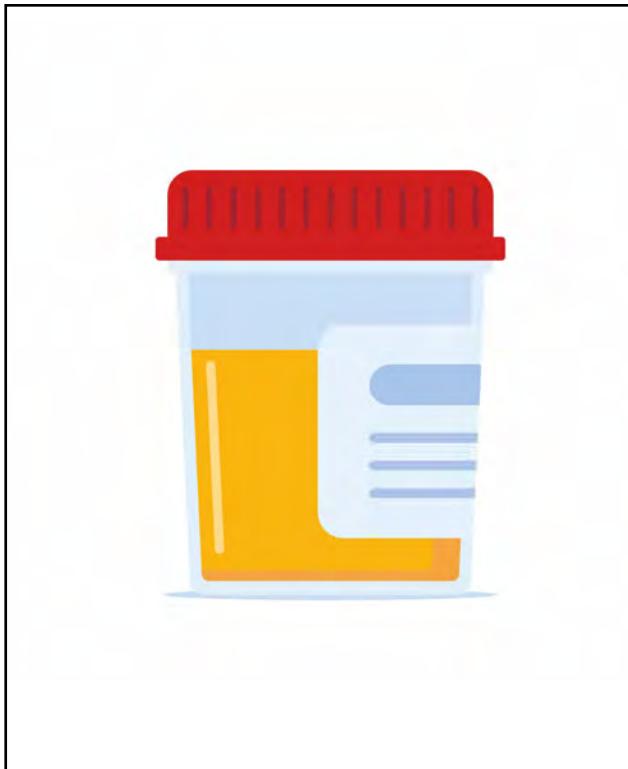
The medical assistant will check my vitals. They will check my height. I will stand tall. They will check my weight. I will stand on the scale.



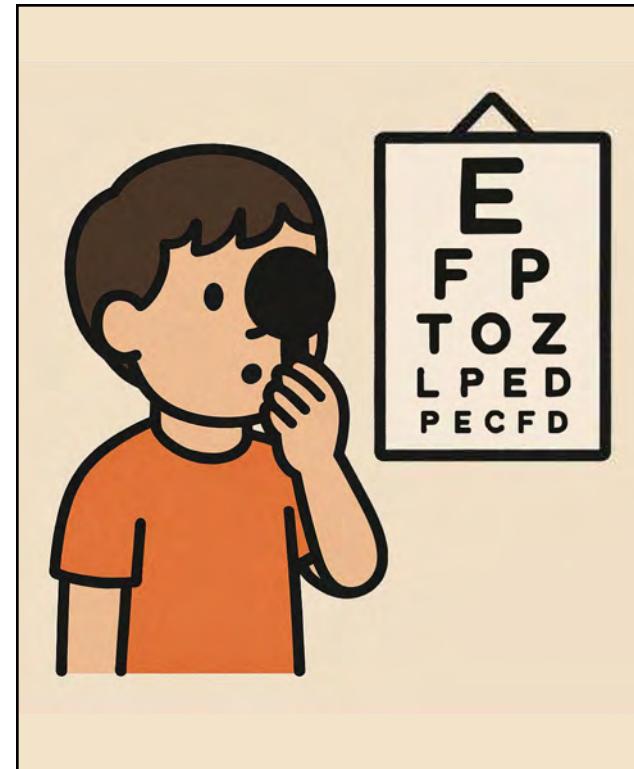
The medical assistant will:
Wrap a cuff around my arm to check my blood pressure.
It may feel tight, but it will be quick.
Check my temperature.
Check my pulse and heart rate.



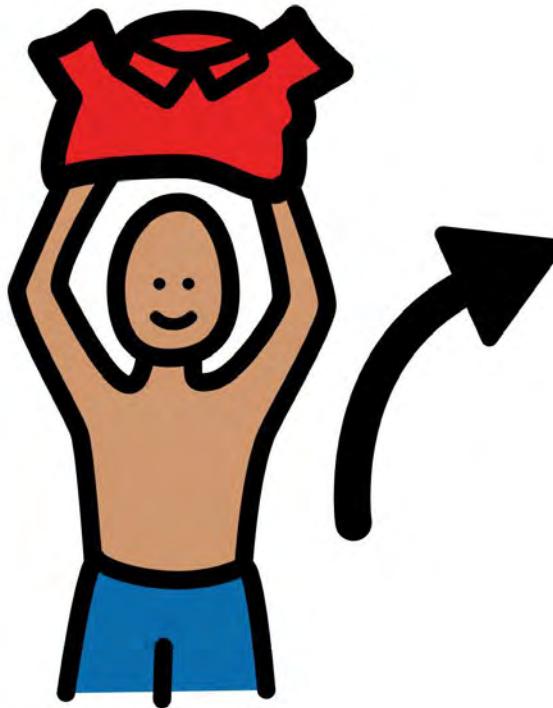
Then we will go to a room. In the room, the nurse will talk to my caregiver and I.



I might also do other tests like: a urine sample or finger prick.



I may do a hearing or vision test.



I might need to take off my clothes. If I don't want to, I can say, "No thanks." If I take my clothes off, I will get a gown or a sheet to wear. I can put my clothes back on when I'm done seeing the doctor.



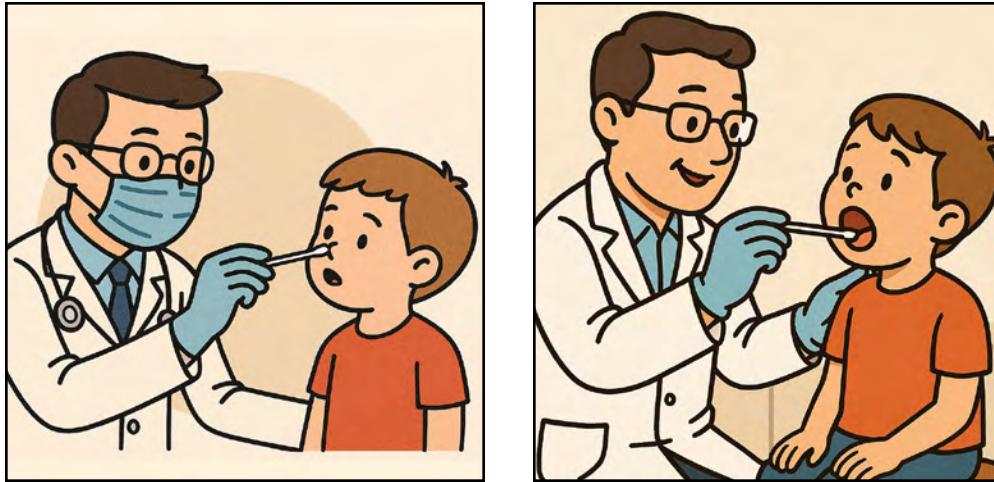
Then, I will wait for the doctor.
I can read, talk, or play while I wait.



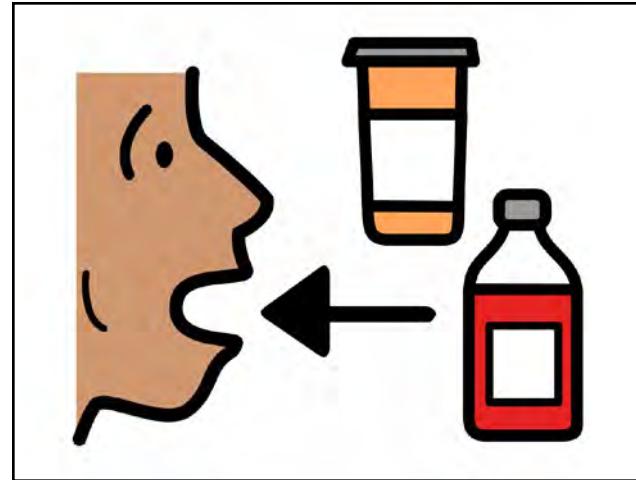
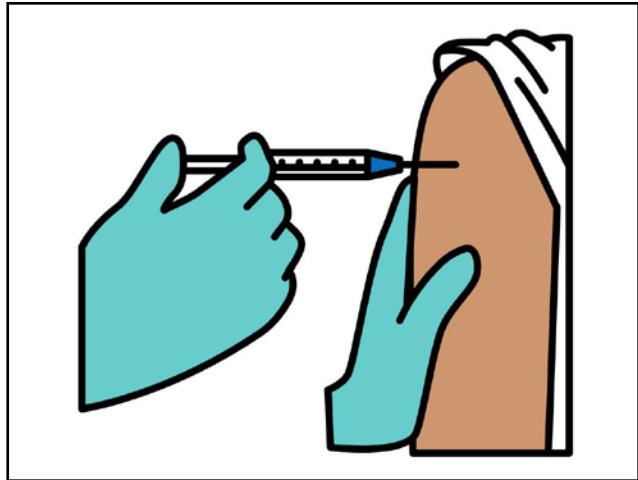
The doctor will come in. The doctor may ask my caregiver and I questions, I will do my best to answer them.



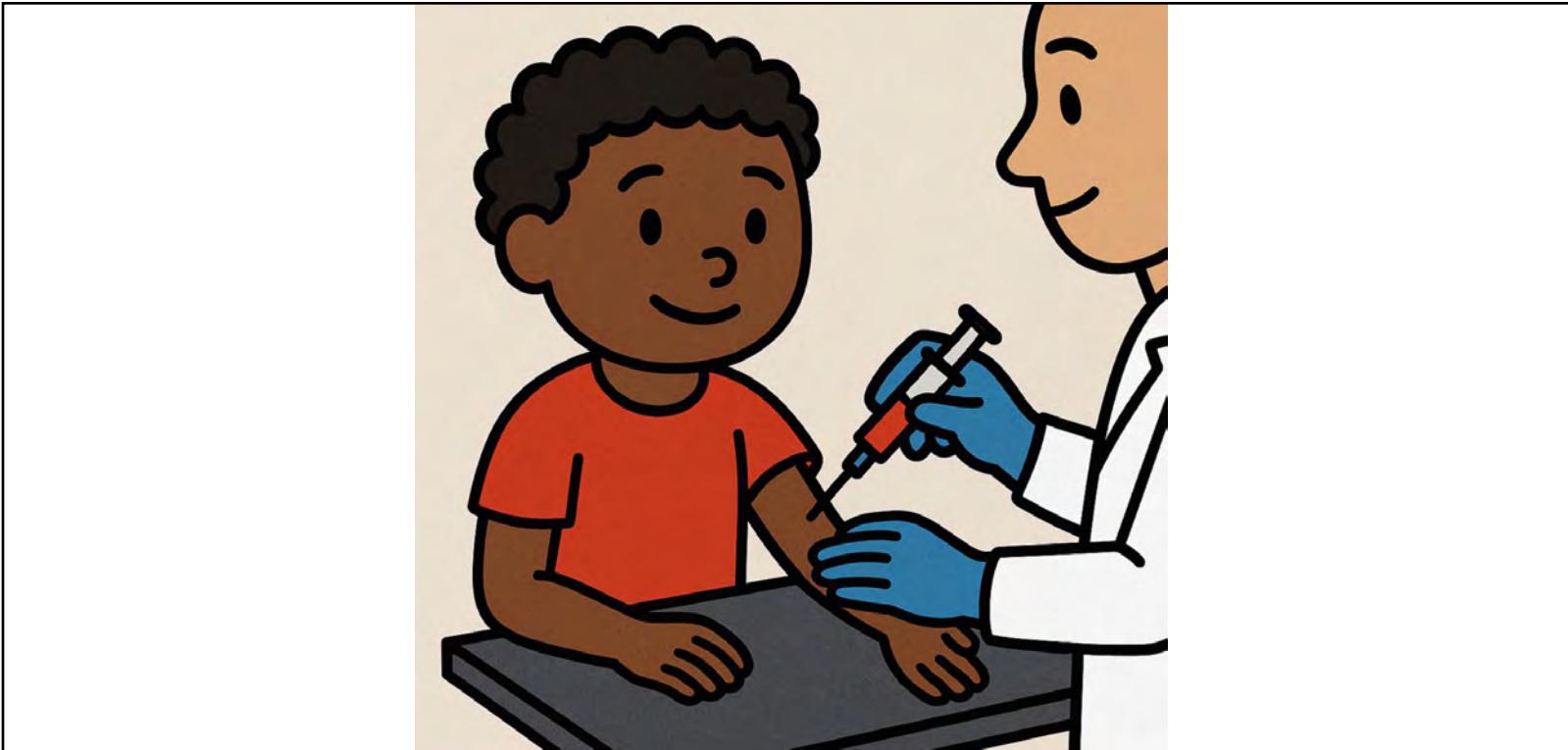
The doctor may look in my mouth, ears, and eyes.
The doctor may listen to my heart and lungs.



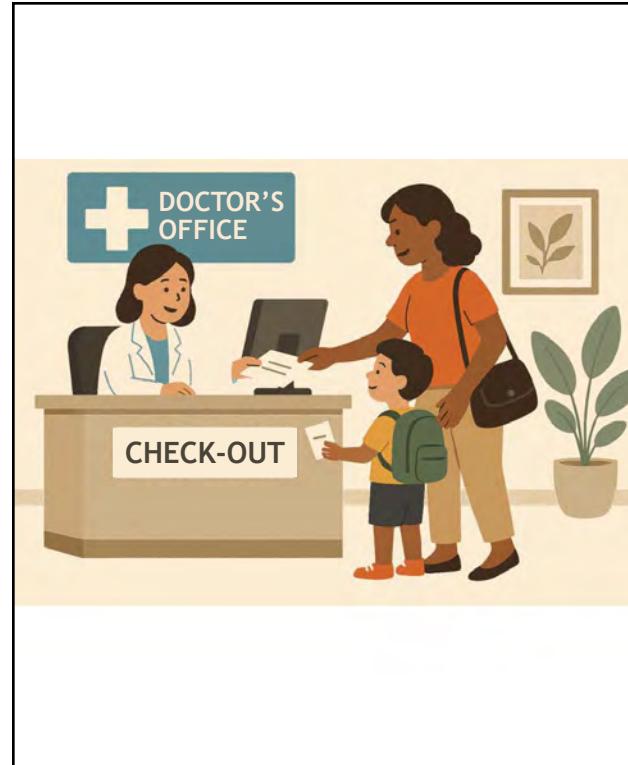
The doctor may need to swab my nose or throat.



The nurse might come back to do more tests, give me medicine, or a shot.



I might need to get blood drawn. It's okay to feel nervous,
I can do it!



When everything is done, I will get dressed. Then, my caregiver and I will check out. I can ask for a sticker. My caregiver might schedule another appointment or test.



My caregiver is proud of me for being brave.
I might feel proud of myself too!