



Zoom is a tele-conferencing app that can be used to securely video-conference with others. There are several ways to access Zoom. You can access Zoom from any device (computer, smartphone, tablet) that has a webcam and microphone.

First Steps:

We will send you a link to the meeting. You can click on this link from your device at the time of the meeting. This will connect you.

****SAMPLE- DO NOT USE****

Join Zoom Meeting
<https://zoom.us/j/983735981>
Meeting ID: 983 735 981

To connect to your meeting:

- 1) You can download the Zoom app to your tablet or phone. Once you have the app installed, clicking the link will open the meeting in the app. You can also open the app, select “Join a Meeting” and type in the 9-digit Meeting ID provided by your clinician.
- 2) You can go to the Zoom website (zoom.us), click “Join a Meeting” at the top right and type in the 9-digit Meeting ID. This will work on any web browser across devices.

Things to consider before your meeting:

- 1) Where can you place your device/camera so that the clinician can see/hear you and you can see/hear them?
- 2) Do you have a steady wifi or cell connection? Is it better in one part of your home? It may help to minimize the number of other devices connected to your network during the call.
- 3) If you are connecting via a smart phone and are not connected to a wifi network during the call, it will use data from your wireless plan. We recommend connecting to wifi if available.

Please let us know if you have any questions or would like to try a test call prior to your appointment.